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Dear Parent or Guardian;

Communicable diseases are those diseases that may be transmitted from person to person and are the most common cause of school absenteeism. If your children wake up not feeling well and/or with a temperature, please keep them home. Not only are they not at their best to learn, but they might very well infect their peers, teachers and other staff.

Here are a few guidelines you might want to follow during the school year:

**Students should stay home from school if they:**

- Fever of 100.5 degrees or more
- Undiagnosed rash
- Vomiting, nausea or abdominal pain
- One or more episodes of diarrhea
- Complains of severe earache, with or without fever
- Severe sore throat with symptoms indicating possible strep throat
- Conjunctivitis (Pink Eye)
- Persistent cough
- Any sore oozing fluid or pus

**Students should remain home:**

- For 24 hours after their temperature returns to normal
- For 12 hours after vomiting and diarrhea have ended
- Until a physician has determined the results of a throat culture for strep
- For 24 hours after their first dose of medication with a diagnosis of strep throat or conjunctivitis (Pink Eye)

It is important that these symptoms are recognized quickly and steps are taken to stop them from spreading to safeguard the health of all students and staff. If you have any questions or concerns, you may contact your school's nurse .

Sincerely,

Brenda Lindahl RN  
Nurse Administrator  
Auburn City Schools