



*"I can sum up positive psychology in just three words-
Other People Matter. Period. Anything that builds
relationships between and among people is going to
make you happy"*
Dr. Chris Peterson.



This program helps our students build stronger relationships as they recognize character strengths in themselves and in others as well as internalizing the belief that “Other People Matter”.



Yarbrough Elementary

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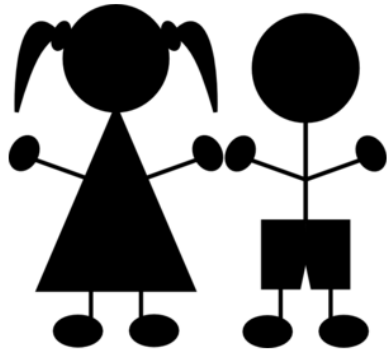
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Yarbrough Elementary



***School Counseling
Program***





Students, we are here to help you with...

- Working out personal and school related issues
- Improving your grades
- Making Friends
- Feeling good about yourself
- Adjusting to a new school
- Getting along with others
- Planning for middle school
- Dealing with peer pressure and bullying
- Learning effective study skills
- Anything that is important to you!

Services provided by YES School Counseling Program:

Bimonthly guidance lessons

The Positivity Project
Study Skills
Personal Safety (Erin's Law)
Bullying Prevention
Self-Esteem
Relationships
Diversity
College and Career Readiness
Test Taking Skills
Grade Transitioning
Summer Safety

Small Group or individual support on topics like divorce, grief, emotional regulation, academic success, etc.

Referrals to outside community resources and agencies as necessary.

Collaboration and consultation with parents and staff to ensure individual student success.

Ways Parents/Guardians can help their children succeed...

- Encourage learning both in and out of school. Reading at least 20 minutes at home
- Ensure consistent attendance in school without tardiness
- Maintain communication with principals, teachers, and counselors
- Encourage homework every day
- Participate in school activities
- Celebrate their child's successes and recognize that mistakes or failures are part of the learning process
- Listen to concerns
- Have fair, reasonable, and consistent rules
- Help their child learn that all behavior has consequences- positive or negative

