



Guidance/Counseling Services Offered

- Classroom/Large group Guidance Lessons every other week
- Small group counseling
- Brief Individual counseling
- Parent/Teacher or individual parent conferences
- Information on community resources for families

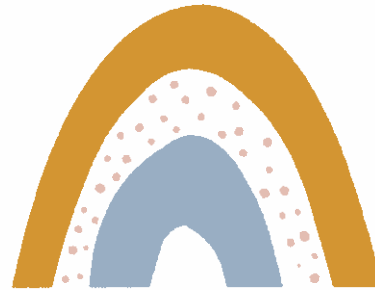
Individual and Small Group Topics

- Self-Esteem
- Family Issues—Grief, Divorce, Military Service
- Social Skills
- Self-Control
- Self-Regulation
- Orienting New Students
- Study Skills
- Academic Success



Classroom Guidance Lessons

*subject to change



- Achieving School Success
- Personal Safety
- Bullying Prevention
- Erin's Law
- Healthy Living Week
- Understanding & Respecting Others
- Acquiring Self-Knowledge
- Goal Setting
- College & Career Awareness
- Grade Level Transitions
- Summer Safety



**MEET
YOUR
SCHOOL
COUNSELOR**
Mrs. Helton





How Can I Help?

Please contact your school counselor, Mrs. Helton, if you have any questions or concerns about your child including:

- Academic success
- Family Changes (moving, separation, divorce, or death)
- Parenting tips
- Classroom behavior
- Peer relationships
- Developing responsibility
- Sudden change in child's behavior
- Community resources



Counseling and Guidance Program Mission Statement

Educate the whole child—academically, socially, and emotionally.

Inspire all children to understand and appreciate self and others.

Empower all students to explore opportunities and lead productive, healthful lives.



Contact Me:

Jeri Helton, Counselor
 Woodland Pines Elementary
 jmhelton@auburnschools.org
 334.887.4960
 Monday-Friday
 7:05 am to 3:05 pm



Counseling Program Goals

- Maintain high expectations for all students
- Promote Student Academic Achievement by working with teachers, students, and parents to help create the best learning environment for each individual student
- Prepare students for life changes that might occur
- Promote student emotional well-being and physical / mental development
- Help students develop the skills needed for successful peer, family, and community relationships
- Advocate for the rights of all students within the school

