

MENTAL HEALTH

Auburn University Marriage and Family Therapy Clinic

Offers marriage and family therapy, including help with marriage, family, child, and addiction problems. Open to the general public. 334-844-4478; www.mftcenter.auburn.edu

East Alabama Mental Health Center

Offers outpatient services such as: day treatment, counseling services, substance abuse, family and children's services, case management, psychiatric services, and prevention services. 334-742-2877; 800-815-0630; www.eamhc.org

Auburn University Psychological Services Center

Provides a range of services for children, adolescents, adults and families including therapy and assessment. Open to the general public. 334-844-4889; www.cla.auburn.edu/psychology/aupsc

HEALTH SERVICES

Mercy Medical

Offers health and dental care to clients that do not have health insurance. 334-501-1081; www.mercymedicalauburn.org

Lee County Health Department

Offers immunization, pregnancy tests, family planning, C.D. and T.B. tests, and WIC program. They also offer onsite Medicaid workers, case management and take applications for Medicaid and ALLKids. 334-745-5765; www.alabamapublichealth.gov/lee

East Alabama Medical Center Educational Services

Services offered include CPR classes, childbirth classes, and other community classes and support groups. 334-528-1260; www.eamc.org/careers-and-resources/education-and-training (For information regarding diabetes, contact [The Diabetes and Nutrition Center](#) at 334-528-6800 or danc.eamc.org.)

Small Wonders Program

Coordinates maternity services for Alabama Medicaid recipients in Barbour, Chambers, Lee, Macon, and Russell counties. 334-528-6830

J.W. Darden Wellness Center

Offers free, confidential access to health education, health screening, and health coaching for those with a chronic disease (such as diabetes or high blood pressure). 334-528-1438

FOOD ASSISTANCE

Community Market

Food distribution center for families in need. 334-749-8844; www.foodbankofeastalabama.com

EDUCATION

Southern Union

Offers free GED classes. 334-749-8480; www.suscc.edu

Lee County Literacy Coalition

A United Way agency that provides free literacy training to anyone in need. 334-705-0001; www.leecountyliteracy.org

ADDICTION TREATMENT AND SUPPORT

Opelika Addictions Center

Intensive outpatient substance abuse treatment. 334-742-2130

Alcoholic Anonymous

Support group for those who desire to stop drinking. 334-521-2676; www.aaauburn.org

MULTI-NEED SERVICES

Lee County Dept. of Human Resources

Offer programs including food stamps, work and job training services, child support enforcement, and many more. 334-737-7778; After-hours/Emergencies: 334-737-7900; www.dhr.alabama.gov

Salvation Army

Assists with medications, one-night lodging, emergency bus tickets, and other emergencies. 334-826-0073; www.salvationarmyalm.org/lee-county

United Way

Services include utility bill assistance and prescription medication assistance. 334-745-5540; www.unitedwayofleecounty.com

Alabama Council on Human Relations, Inc. Statewide organization offering programs for the benefit of people with low income, including Head Start programs. 334-821-8336; www.achr.com

Red Cross

Provides disaster relief, training in health and safety courses, and much more. 334-749-9981

LEGAL SERVICES ? ? ? ?

Legal Services Alabama

Offers free civil legal advice in multiple areas, such as housing, welfare, credit and bill, plus many others. 334-832-4570; 866-456-4995; www.legalservicesalabama.org