Branching Out to the Community

Directory of Community Services Lee and Russell Counties

2017-2018





Alabama Council on Human Relations (ACHR), Inc.

Child Development Program

P. O. Box 3770/950 Shelton Mill Road, Auburn, AL 36831-3770

334-821-8336 (Phone) 334-826-6397(Fax)

alma.gholston@achr.com (Email) achr.com (Website)

Nancy S. Spears, CEO

TABLE OF CONTENTS

AGRI	CULTURE		
	Lee County Cooperative Extension System Russell County Cooperative Extension System	3 4	
ALCO	OHOL/DRUG TREATMENT AND SUPPORT		
	Alcoholics Anonymous East Alabama Mental Health Center HIS Place Narcotics Anonymous Opelika Addictions Center		
CHIL	D CARE/DEVELOPMENT		
	Auburn Day Care Centers Child and Adult Care Food Program (ACHR) Child Care Resource Center, Inc. Children's Day Out Early Head Start (EHS)—Lee and Russell Counties (ACHR) Extended Day – Extended Year Child Care (ACHR) Family Guidance Center Head Start - Lee and Russell Counties (ACHR) Joyland Child Development Center	1 1 2	1 4 8 9 4 4 7 4 8 0
CHIL	D PLACEMENT		
	Agape of Central Alabama, Inc. Lee County Department of Human Resources Lee County Youth Development Center Russell County Department of Human Resources	3	2 32 36
CHIL	D WELFARE		
	Child Advocacy Center of East Alabama Lee County Department of Human Resources Russell County Department of Human Resources	3	. 7 32 16
CLO	THING AND HOUSEHOLD ITEMS		
Copyrig	Children and Family Connection of Russell County Goodwill Industries Harvest Thrift Lee County Department of Human Resources Mission Thrift Store Russell County Department of Human Resources Salvation Army Sunshine Shop (ACHR) ht ©2017, Alabama Council on Human Relations, Inc., All rights reserved. June 2017	2 2 3 3 4	8 2 3 2 3 3 3 3 5

COMPUTER ACCESS	
Auburn Public Library	13
Cooper Memorial Library	21
Phenix City-Russell County Library	43
CONSUMER AFFAIRS	
Alabama Quality Assurance Foundation, Inc.	7
Consumer Credit Counseling Service of West Georgia	
And East Alabama	20
Income Tax Assistance (ACHR)	5
Lee County Cooperative Extension System	32
Lee County Department of Human Resources	32
Russell County Cooperative Extension System	45
Russell County Department of Human Resources	46
COUNSELING/MENTAL HEALTH	
Agape of Central Alabama, Inc.	2
Arc of Alabama, Inc. (The)	10
Associates in Family Therapy	11
Auburn University Marriage and Family Therapy Center	14
Auburn University Psychological Services Center	14
Children and Family Connection of Russell County	18
Covenant House-Nineline	21
Crisis Center of Russell County	21
Domestic Violence Intervention Center	22
East Alabama Mental Health Center	23
Elder Abuse Hotline	26
Family Counseling Center, Inc.	26
NAMI (National Alliance on Mental Illness) East Alabama	40
Pastoral Care and Counseling Center	42
Rape Counselors of East Alabama	45
Russell County Mental Health Center	46
Women's Hope Medical Clinic	52
CRIME PREVENTION	
Auburn Police Department	13
Opelika Police Department	41
Phenix City Police Department	43
DENTAL	
Drake Middle School - Auburn City Schools Dental Clinic	22
Tuskegee Quality Health Care	49

DISASTER ASSISTANCE	
American Red Cross	9
Lee County Emergency Management Agency	33
Salvation Army	47
EDUCATION/TRAINING/EDUCATIONAL INFORMATION	
Achievement Center - Easter Seals	1
Adult Basic Education Programs	1
Alabama Council on Human Relations, Inc. (ACHR)	3
Alabama Department of Rehabilitation Services	5
Alabama Head Injury Foundation	6
American Cancer Society	8
American Diabetes Association	9
American Heart Association	9
American Lung Association	9
American Red Cross	9
Arc of Alabama, Inc. (The)	10
Auburn Public Library	⁻ 13
Auburn University Office of Professional and	
Continuing Education	14
Cancer Information Service	16
Chattahoochee Valley Community College	17
Child Development Training Program (ACHR)	3
Cooper Memorial Library	21
East Alabama Medical Center Educational Services Department	22
East Alabama Mental Health Center	23
Goodwill Industries	28
Lakeview Baptist Church/Internationals Ministry	31
Lee County Cooperative Extension System	32
Lee County Literacy Coalition	36
Southern Union State Community College	48
Workforce Investment Act (Alabama Career Center System)	3
ELDERLY SERVICES	
Alacare Home Health and Hospice	8
Area Agency on Aging/Lee-Russell Council of Governments	10
Auburn Senior Center	13
Beulah Senior Center	15
East Alabama Services for the Elderly, Inc. (EASE)	26
Elder Abuse Hotline	26
Family Enrichment Center of Loachapoka	27
Freedom Home Care (Home Health Care Services)	27
Gentiva Home Care Center	28
Hurtsboro Senior Center	30

Copyright ©2017, Alabama Council on Human Relations, Inc. All rights reserved. June 2017

Las County Danartment of Human Parauraes	32
Lee County Department of Human Resources	
Lee County Emergency Management Agency	33
Lee County Health Department	34
Lee-Russell Council of Governments	37
Lee-Russell Dial-A-Ride	37
Russell County Department of Human Resources	46
Russell County Task Force for Senior Citizens	46
SeniorPlus Program (EAMC)	23
Senior RX	47
Smiths Station Senior Center	47
Social Security Administration	48
Timothy Manor	49
EMERGENCY SERVICES	
American Red Cross	9
Chattahoochee Valley Episcopal Ministry (CVEM)	17
Crisis Center of Russell County	21
Damascus Way Home for Women & Children	21
Domestic Violence Intervention Center	22
Energy and Other Emergency Assistance (ACHR)	5
Harvest Thrift	29
HIS Place	29
Hosanna Home at Hope's Inn	29
Lee County Department of Human Resources	32
Lee County Emergency Management Agency	33
Mercy Medical	39
MERCY Ministry (Methodist Emergency Relief for Community)	39
Presbyterian Community Ministry (PCM)	44
Russell County Department of Human Resources	46
Saint Vincent de Paul Society of Saint Michael's Catholic Church	46
Salvation Army	47
Smiths Station Baptist Church	47
United Way of Lee County	50
Valley Interfaith Promise, Inc.	51
EMPLOYMENT	
Achievement Center - Easter Seals	1
Alabama Career Center System	2
Alabama Department of Rehabilitation Services	2 5 3
Child Development Training Program (ACHR)	3
Christian Women's Job Corps	19
East Alabama Services for the Elderly, Inc. (EASE)	26
Goodwill Industries	28
Veterans Affairs	51
Workforce Investment Act (Alabama Career Center System)	3
Copyright ©2017, Alabama Council on Human Relations. Inc. All rights reserved. June 2017	

EYE SIGHT

Lions' Club Program (Lee County Department of Human Resources)	32
FOOD AND NUTRITION	
Alabama Coalition Against Hunger (ACHR) Area Agency on Aging/Lee-Russell Council of Governments Auburn Senior Center Auburn United Methodist Church Food Pantry Child and Adult Care Food Program (ACHR) Children and Family Connection of Russell County Community Market East Alabama Services for the Elderly, Inc. (EASE) Food Bank of East Alabama House of Mercy Hurtsboro Senior Center Lakeview Baptist Church/Internationals Ministry Lee County Cooperative Extension System Lee County Department of Human Resources Lee County DHR Food Stamp Program LIFE (Learning Information about Food and Exercise) (ACHR) Pine Grove Church Russell County Department of Human Resources Russell County Task Force for Senior Citizens Smiths Station Baptist Church The Bridge Church United Way of Lee County Valley Interfaith Promise, Inc. WIC (Lee County Health Department)	3 10 13 14 4 18 20 26 27 30 31 32 32 32 32 5 43 46 46 47 49 50 51 34
FOSTER CARE	
Agape of Central Alabama, Inc. Lee County Department of Human Resources Russell County Department of Human Resources	2 32 46
FURNITURE	
American Red Cross Goodwill Industries Harvest Thrift Salvation Army	9 28 29 47
HEALTH/HANDICAPPED SERVICES/INFORMATION	
Achievement Center – Easter Seals Alabama Department of Rehabilitation Services Copyright ©2017, Alabama Council on Human Relations, Inc. All rights reserved. June 2017	1

Alabama Institute for Deaf and Blind	6
Alabama School for the Deaf	8
Alacare Home Health and Hospice	8
American Cancer Society	8
American Diabetes Association	9
American Heart Association	9
American Lung Association	9
American Red Cross	9
Arthritis Foundation, Southeast Region (Alabama Area)	10
Auburn Housing Authority	11
Auburn Public Library	13
Auburn University Speech and Hearing Clinic	15
Camp ASCAA	16
Camp Smile-A-Mile	16
Cancer Information Service	16
Child Find	18
Children's Rehabilitation Service (ADRS)	5
Cooper Memorial Library	21
East Alabama Medical Center (EAMC)	22
East Alabama Medical Center Educational Services Department	22
East Alabama Mental Health Center	23
Freedom Home Care (Home Health Care Services)	27
Gentiva Home Health	28
Goodwill Industries	28
J. W. Darden Wellness Center (The Darden House)	31
Lee County Department of Human Resources	32
Lee County Health Department	34
Lee-Russell Council of Governments	37
Lee-Russell Dial-A-Ride	37
Mercy Medical Clinic	39
Midtown Medical Center, Inc.	39
Prescription Drug Programs – Low Cost	44
Prescription Medications – Partnership for Prescription Assistance	44
Prime Care Medical Center	44
Regional Poison Center	45
Russell County Department of Human Resources	46
Russell County Health Department	46
SeniorPlus Program (EAMC)	23
Senior RX	47
Southeast Alabama Sickle Cell Clinic	48
Tuskegee Quality Health Care	49
Unity Wellness Center	50
Women's Center (The)	51
Women's Hone Medical Clinic	52

HOME HEALTH SERVICES

Area Agency on Aging/Lee-Russell Council of Governments	10
East Alabama Services for the Elderly, Inc. (EASE)	26
Freedom Home Care (Home Health Care Services)	27
Gentiva Home Health	28
Hospice of EAMC (East Alabama Medical Center)	30
Lee County Department of Human Resources	32
Lee County Health Department	34
Russell County Department of Human Resources	46
Russell County Health Department	46
HOUSING	
Alabama Rural Ministry	7
Apartments (ACHR)	4
Auburn Housing Authority	11
City of Auburn (CDBG)	19
City of Auburn/Helping Hand	20
City of Auburn/Housing Rehabilitation Program	20
Damascus Way Home for Women & Children	21
East Alabama Services for the Elderly, Inc. (EASE)	26
Energy and Other Emergency Assistance (ACHR)	5
Habitat for Humanity ReStores	28
HIS Place	29
Homeless Resource Network	29
Hosanna Home at Hope's Inn	29
House of Mercy	30
Housing Counseling (ACHR)	5
Lee County Department of Human Resources	32
Lee County Habitat for Humanity	33
Macon-Russell Community Action Agency	38
Opelika Housing Authority	41
Phenix City Housing Authority	42
Presbyterian Community Ministry (PCM)	44
Ralston Towers (The)	45
Russell County Department of Human Resources	46
Salvation Army	47
Timothy Manor	49
Valley Interfaith Promise, Inc.	51
INCOME ASSISTANCE	
Alabama Career Center System	2
Income Tax Assistance (ACHR)	5

Lee County Department of Human Resources Presbyterian Community Ministry (PCM) Russell County Department of Human Resources Social Security Administration United Way of Lee County Veterans Affairs	32 44 46 48 50 51
LEGAL ASSISTANCE	
American Civil Liberties Union of Alabama Attorney Referral Service Legal Services Alabama	8 11 38
LIBRARY SERVICES	
Auburn Public Library Cooper Memorial Library Loachapoka Public Library Phenix City-Russell County Library	13 21 38 43
LOANS	
Presbyterian Community Ministry	44
MEDICAID/MEDICARE	
Alabama Medicaid Agency Alabama Quality Assurance Foundation, Inc. Social Security Administration	6 7 48
PARKS AND RECREATION	
Auburn Parks and Recreation Camp ASCAA Camp Smile-A-Mile Chewacla State Park Jule Collins Smith Museum of Fine Art Opelika Parks and Recreation Phenix City Parks and Recreation Department	12 16 16 17 31 41
PREGNANCY	
Agape of Central Alabama, Inc. Circle of Care Center for Families Lee County Health Department Russell County Health Department Small Wonders Program (Alabama Medicaid Agency) WIC (Lee County Health Department) Women's Hope Medical Clinic Capyright ©2017, Alabama Council on Human Relations, Inc. All rights reserved. June 2017	2 19 34 46 7 34 52

RAPE COUNSELING	
Rape Counselors of East Alabama	45
RETIREMENT INFORMATION	
Area Agency on Aging/Lee-Russell Council of Governments Lee County Cooperative Extension System Russell County Cooperative Extension System	10 32 45
SOCIAL SERVICES	
Alabama Council on Human Relations, Inc. (ACHR) Cancer Information Service Domestic Violence Intervention Center East Alabama Services for the Elderly, Inc. (EASE) Energy and Other Emergency Assistance (ACHR) Homeless Resource Network Lee County Department of Human Resources Lee County Humane Society Lee-Russell Council of Governments Macon-Russell Community Action Agency Open Door Community House Presbyterian Community Ministry (PCM) Project Uplift Salvation Army United Way of Lee County	3 16 22 26 5 29 32 35 37 38 42 44 44 47 50
SUPPORT GROUPS	
Alcoholics Anonymous American Cancer Society Auburn Pain Group (Chronic Pain Support Group) Caregivers & Alzheimer's Support Group Circle of Care Center for Families Domestic Violence Intervention Center La Leche League NAMI (National Alliance on Mental Illness) East Alabama Narcotics Anonymous Support Groups (EAMC)	8 8 12 16 19 22 31 40 40 23
TAX ASSISTANCE	

Income Tax Assistance (ACHR)

Т	£L	ÆΡ	Ή	O)	N	E	SL	JP	P	O	RT	7
---	----	----	---	----	---	---	----	----	---	---	----	---

Covenant House-Nineline	21
Crisis Center of Russell County	21
Domestic Violence Intervention Center	22
East Alabama Mental Health Center	23
Elder Abuse Hotline	26
HIS Place	29
Lee-Russell Council of Governments	31
Lee-Russell Dial-A-Ride	37
National Runaway Safeline	40
Parenting Assistance Line (PAL)	42
Rape Counselors of East Alabama	45
Regional Poison Center	45
TRANSPORTATION	
Alabama Medicaid Agency	-6
Disabled Veteran Hospital Shuttle Van	22
East Alabama Services for the Elderly, Inc. (EASE)	26
Lee County Department of Human Resources	32
Lee-Russell Council of Governments	31
Lee-Russell Dial-A-Ride	37
TRAVELERS AID	
Presbyterian Community Ministry (PCM)	44
United Way	50
VETERANS SERVICES	
Disabled Veteran Hospital Shuttle Van	22
Veterans Administration Medical Center	51
Veterans Affairs	51
	51
WEIGHT PROGRAMS	
TOPS (Take Off Pounds Sensibly)	49
YOUTH PROGRAMS	
Boys & Girls Clubs of Greater Lee County	15
IMPORTANT DATES & NUMBERS	53
HOTLINE NUMBERS	54

Achievement Center - Easter Seals

510 West Thomason Circle Opelika, AL 36801

Contacts: Furrel Bailey

Star Wray

(334) 745-3501

Offers vocational rehabilitation, employment training, mental health counseling (through East Alabama Mental Health Center), evaluation follow-ups, transitional employment, full-day programs to assist people entering employment, and referrals from rehabilitation services. Clients must be at least 16 years old and disabled (physical, emotional or mental health impairments/disabilities, seizure disorders, learning disabilities). Fee: no charge.

Adult Basic Education Programs

Contact: Martha Law
Director: Derika Griffin

Email: mlaw@suscc.edu

(334) 749-8480

(334) 745-6437

Primary focus is providing assistance to adults preparing for the GED (General Educational Development) test and assisting with basic literacy at no cost to students. Applicants must be legally withdrawn from high school and must show proof. English as a Second Language classes also offered. GED classes available at all Southern Union State Community College (SUSCC) campuses. GED classes:

Auburn

Auburn University Campus, Room 015A Haley Center

Class times: 5:30 p.m.-8:30 p.m. (CT), T, Th

True Deliverance Holiness Church, 960 N. Donahue Dr.

Class times: 5:00 p.m.-7:00 p.m. (CT), M-W

Lafayette

Chambers County Career Technical Center, 502 AVC Dr.

Class times: 5:00 p.m.-9:00 p.m. (ET), T, Th

Lineville

Clay Central High School, Room A248 (contact Tina Nolan at Ashland City Library)

Class times: 3:15 p.m.-8:15 p.m. (CT), M, T

Opelika

Achievement Center, 510 W. Thomason Circle (call 334-745-3501, ext. 218)

Class times: 10:15 a.m.-3:15 p.m. (CT), M-Th

SUSCC Opelika Campus, 1701 LaFayette Pkwy., Technology Building 1

8:00 a.m.-12:30 p.m. (CT), M-Th

Class times: 4:30 p.m.-8:30 p.m. (CT), M-Th

Copyright ©2017, Alabama Council on Human Relations, Inc. All rights reserved. June 2017

Roanoke

Christian Memorial Church, 1644 Highway 431 (call 334-863-7584)

9:00 a.m.-1:00 p.m. (CT), T, Th

Class times: 4:00 p.m.-8:00 p.m. (CT), T, Th

Valley

Circle of Care Center for Families, 2200 35th Place (call 334-768-4098)

8:00 a.m.-12:00 p.m. (ET), M-W

Class times: 5:30 p.m.-8:30 p.m. (ET), M-Th

SUSCC Valley Campus, 321 Fob James Pkwy. Class times: 8:00 a.m.-12:00 p.m. (ET), M-W

Wadley

SUSCC Wadley Campus, Room 103, Science & Technology Center, 750 Roberts St.

Class times: 10:30 a.m.-2:30 p.m. (CT), M, W

Wedowee

Randolph Roanoke Career Technology Center, 960 S. Main St.

Class times: 2:00 p.m.-8:00 p.m. (CT), M, T

Agape of Central Alabama, Inc.

3800 Vaughn Rd.

(800) 239-1020

Montgomery, AL 36106

(334) 272-9466

Executive Director: Jimmy Dobbs Hours: 8:30 a.m.-4:30 p.m., M-F Email: info@agapeforchildren.org

Website: www.agapeforchildren.org

Licensed private, non-profit child-placement agency that works cooperatively with the Department of Human Resources. Trained counselors available 24 hours a day to assist women facing an unplanned pregnancy.

Services include foster care, international and domestic adoption, and crisis pregnancy assistance.

Alabama Career Center System

2300 Frederick Rd.

(334) 749-5065

Opelika, AL 36803

Contact: Mike Grier, Manager Hours: 8:00 a.m.-4:30 p.m., M-F Email: opelika@alcc.alabama.gov

Website: https://joblink.alabama.gov/ada/

Services offered: Job development, referral, placement, testing, counseling, and information; Workforce Investment Act (WIA); and labor market information.

Workforce Investment Act

2300 Frederick Rd. Opelika, AL 36801

Coordinator: Peggy Bridges Hours: 8:00 a.m.-4:30 p.m., M-F

Services offered: Training to enhance employability; development of good work habits and basic work skills; and short-term employment in preparation for permanent unsubsidized employment. Provides adult basic education classes, such as CDL instruction (for truck driving) at Southern Union Community College. Some referral to area community colleges (depending on availability of services). Eligibility: Clients must be 16 or older. Fees: none.

Unemployment Claims

How do I file for unemployment benefits? Call (866) 234-5382 from 8:00 a.m.-4:30 p.m., M-F, or go to www.labor.alabama.gov.

Alabama Council on Human Relations, Inc. (ACHR)

950 Shelton Mill Rd. All Centers: (334) 821-8336 Auburn, AL 36830 Fax: (334) 826-6397

Website: www.achr.com

The Alabama Council on Human Relations, Inc. (ACHR) is a statewide organization committed to the promotion of equal opportunity for all citizens of Alabama. Headquartered in Auburn, ACHR offers both statewide programs as well as a number of programs for the benefit of people living with low income in Lee and Russell counties.

ACHR program centers:

Frankie B. King Center	Darden Center	Edelman Center
950 Shelton Mill Rd.	601 South 4th St.	403 Red Fox Dr.
Auburn, AL 36830	Opelika, AL 36801	Hurtsboro, AL 36860

ACHR major programs:

Child Development Training Program

This program offers training to people who want positions as childcare workers or in a related field. For further information, contact Sue Williams or Karen Lusk.

Alabama Coalition Against Hunger (ACAH)

ACAH is a statewide community advocacy organization working on problems of hunger and malnutrition among those living with low incomes. ACAH is currently focusing on the development of community gardens to assist low-income residents in the production of food so they can have fresh produce. For further information, contact Earl Tarver.

Apartments

Darden Oaks, Bedell Village, Grace Ridge, and Grace Point (seniors only) apartment complexes are owned by ACHR and provide affordable housing. Darden Oaks is located on Roden Court in Opelika. Bedell Village is located on Bedell Avenue in Auburn. Grace Ridge and Grace Point Apartments are located on Shelton Mill Road in Auburn. There is an income guideline. For further information, contact the manager of the housing complex you are interested in. There is a link to contact information for each on ACHR's website: www.achr.com.

Child and Adult Care Food Program

The Child and Adult Care Food Program provides nutritious meals and snacks for all children enrolled in participating day care homes located in Lee, Russell, Macon, and Bullock Counties. Homes are licensed in each county by the Department of Human Resources. If you operate a day care home and would like financial and technical assistance in providing nutritious meals for the children you care for, contact Earl Tarver.

Child Development Program

The largest program operated by ACHR is the Child Development Program. It includes the Head Start program at Frankie B. King Center (in Auburn), Head Start and Early Head Start programs at Darden Center (in Opelika) and at Marian Wright Edelman Center (in Hurtsboro, Russell County), as well as child care (which includes extended day care) at both Darden and Edelman.

Head Start - Lee and Russell Counties

The Head Start program serves children at our centers in Auburn, Opelika, and Hurtsboro. Children enrolled in Head Start receive nutritious meals during center hours, medical care and a quality preschool education. Parents receive help with setting goals and learning various parenting skills. To participate, a child must be 3-4 years of age (as of 9/2 in Lee County; 9/1 in Russell County) and meet income guidelines. For further information, contact Tim King.

Early Head Start (EHS)—Lee and Russell Counties

EHS is a year-round program for income-eligible expectant families and families with infants and toddlers. Pregnant teens are particularly encouraged to enroll. Home-based services are provided to approximately 88 children and families in Lee and Russell Counties. A Home Visitor visits each family each week and works with parent and child. Every two weeks, activities are provided at the center for about four hours. Center-based services can be provided for children whose parents work or are in school. Applications can be picked up at all ACHR centers. For further information, contact Sue Williams.

Extended Day - Extended Year Child Care

This program provides a wholesome environment where children ages 3 weeks to 12 years can receive quality child care before and after Head Start and school hours, as well as during the summer while parents obtain, maintain, or train for employment. The center is open for extended care Monday through Friday from 6:30 a.m. to 5:30 p.m. at Darden and to 4:30 p.m. at Edelman. Fees are based on household size and income. For further information, contact Sue Williams.

Energy and Other Emergency Assistance

The Energy Assistance Program assists residents of Lee County who face health-threatening, energy-related crises that they don't have the means to address. Such a crisis can include lack of electricity or gas. This program runs year-round as long as funds are available. Many resources, such as ABC Trust, ALAGASCO, and LIHEAP (Low Income Home Energy Assistance Program), provide funds through which Lee County residents can receive assistance. The program also provides energy counseling to suggest ways that participants can reduce their energy bills. We sometimes have limited funds for other emergency needs such as one-time rent/mortgage assistance. In all cases, residence and income requirements must be met. For further information, contact Tabitha Perry.

Fatherhood Program

There are special activities for fathers whose children are in ACHR's Child Development Program. For further information, contact Tim King.

Housing Counseling

ACHR is a HUD-approved Housing Counseling Agency and provides comprehensive housing counseling services for individuals and families. For further information, contact Tabitha Perry.

Income Tax Assistance

This program offers free tax preparation services, including e-filing for quick returns. For further information, contact Earl Tarver.

LIFE (Learning Information about Food and Exercise)

This nutrition education and fitness program offers nutrition information, diet planning (including assistance with dietary planning for health reasons such as diabetes), and a fitness program to interested persons who qualify. For further information, contact Natalie Stephens.

Sunshine Shop

Clothing and sometimes household goods, furniture, books, and toys are available for parents of Head Start and Early Head Start children. The Sunshine Shop is located at Darden on the Hill in Opelika. It is open one week per month. Check the parent newsletter for the schedule. The Sunshine Shop also accepts and distributes donated items (e.g., preschool books, music, clothing, school supplies, etc.) for use in centers. In-kind donations are always very much appreciated. Donations are pivotal in helping us stretch our budget and meet our grant match requirements. For further information, contact Sharon Smith or a Family Services Worker.

Alabama Department of Rehabilitation Services

Children's Rehabilitation Service (CRS) 516 W. Thomason Circle Opelika, AL 36801

(334) 749-8339

(800) 568-8428

CRS offers a wide range of specialty services for children with medical and health needs, including clinics for serious hearing problems, seizure disorders, and orthopedic problems. Call Copyright © 2017, Alabama Council on Human Relations, Inc., All rights reserved. June 2017

with any questions related to children's special health care needs. Fees: sliding scale. To apply, call and make an appointment. Waiting period varies; depends on clinic.

Vocational Rehabilitation Service (VRS) (334) 749-1259 520 W. Thomason Circle (800) 671-6835 Opelika, AL 36801

VRS provides counseling, guidance, job placement assistance, training, etc., to those with disabilities for the purpose of helping them secure and maintain employment.

Alabama Head Injury Foundation (AHIF)

3100 Lorna Rd., Suite 203 (800) 433-8002 Hoover, AL 35216 (205) 823-3818

Program Director: Amy Lamb-Eng

Website: www.ahif.org

AHIF provides information to help clients and families understand the results of injury. AHIF helps access available resources and provides services and programs that meet the unique needs of individuals with traumatic brain injury (TBI), as well as spinal cord injury (SCI) in certain programs. These programs are Respite Care, Housing Assistance, Information and Referral, Camp Programs, Recreation Programs, and Recreational Support Groups.

Alabama Institute for Deaf and Blind

432 East Jefferson St. (334) 262-0824 Montgomery, AL 36104 Fax: (334) 262-7708

Regional Director: Jenny Savage

Regional Center Secretary: Tina Weldon

Service Coordinators for Early Intervention: Robin Blake, Missy Byrd, Teresa Vines

Hours: 8:00 a.m.-4:30 p.m., M-F

Website: www.aidb.org

Provides support to families and their young children birth to three years old with sensory impairments. Intervention offered for eligible families includes informational material and emotional support.

Alabama Medicaid Agency

501 Dexter Ave. Local Address:

P. O. Box 5624 2015 Gateway Dr., Suite 103 Montgomery, AL 36103-5624 Opelika, AL 36801

Openka, AL 30001

(800) 362-1504 Contacts: Tessie Sumbry: (334) 741-5800

Fraud Hot Line: (866) 452-4930 Wanda Welch: (334) 741-5802 Fax: (334) 749-6076 Carolyn Perry: (334) 741-5803

Local: (800) 362-1504

Local: (334) 528-6830 Contact: Donna Taylor

(205) 970-1600

Provides Medicaid information, assists Medicaid recipients with questions and/or problems, and refers Medicaid recipients to appropriate services and agencies. Eligibility: anyone needing information. Application procedure: contact office. Fees: none.

Non-Emergency Transportation

Please have Medicaid number, date and time of appointment, and doctor/facility name, address, and telephone number. Hours: 8:00 a.m.-4:30 p.m. (CT), M-F.

Small Wonders Program

1365 Gatewood Dr., Suite 525 Auburn, AL 36830

Toll Free: (800) 503-2259 Fax: (334) 826-0238

The Small Wonders Program of Maternity Services of District 11, LLC is the primary contractor for the Alabama Medicaid Maternity Care Program in Barbour, Chambers, Lee, Macon, and Russell counties. Small Wonders coordinates maternity services for Alabama Medicaid recipients residing in these counties. Alabama Medicaid maternity patients must enroll in Small Wonders and complete encounters with a Care Coordinator assigned to assist during pregnancy in order for Medicaid to pay for prenatal care, delivery, and postpartum care.

Alabama Quality Assurance Foundation, Inc.

Two Perimeter Park South, Suite 200 West Helpline (24/7): (800) 760-3540

Birmingham, AL 35243-2337

CEO: D. Wesley Smith, MD Hours: 8:00 a.m.-5:00 p.m., M-F

Website: www.aqaf.org

Alabama Quality Assurance Foundation, Inc. is the Medicare Quality Improvement Organization for the State of Alabama. Services offered include: Medicare beneficiary "helpline" for quality of care complaints regarding hospitals; Medicare questions; and discharge appeals for hospitals, skilled nursing facilities, hospice facilities, home health care agencies, and comprehensive outpatient rehabilitation facilities.

Alabama Rural Ministry (ARM)

P.O. Box 2890 (334) 501-4276 Auburn, AL 36831 Fax: (334) 737-6909 Executive Director: Lisa Pierce Website: www.arm-al.org

Director of Ministry Operations: Joe Davis Construction Supervisor: Jeremiah Bryan

ARM is a Christian non-profit organization seeking to end substandard housing in rural Alabama. ARM seeks to extend the love of Christ through home repair and children's ministries for low/fixed-income families in Lee, Macon, and Sumter counties.

Alabama School for the Deaf

205 E. South St. (256) 761-3214

P. O. Box 698 Talladega, AL 35161

Contact: Paul Millard, Principal

Alacare Home Health and Hospice

2312 Center Hills Dr., Suites B & C Home Health: (334) 741-9952 Opelika, AL 36801 Hospice: (334) 741-9918 Hours: 8:00 a.m.-5:00 p.m., M-F Toll-Free: (888) 252-2273

Website: www.alacare.com

Offers nutritional advice, referrals, hospice services, physical and speech therapy, and health and welfare counseling. Homebound persons referred by physicians are eligible. Skilled home care visits available.

Staff includes speech therapist, occupational therapist, physical therapist, and nutritionist. To apply: call, write, or stop by. Fees: Medicare or private insurance will pay.

Alcoholics Anonymous

Auburn, Opelika Area A.A. Meetings – Call Answering Service (334) 745-8405

Support group for those who desire to stop drinking. For more information, go to www.aa.org or <a href="https://cws.auburn.edu/studentaffairs/healthandwellness/resources/?Recovery.

American Cancer Society

3054 McGehee Rd. National Hotline (24/7): (800) 227-2345 Montgomery, AL 36111 8:00 a.m.-5:00 p.m.: (334) 288-5926

Website: www.cancer.org

Provides access to a wide range of resources, information, and educational literature for cancer patients and their families and the community at large. Provides cancer patients with free wigs.

American Civil Liberties Union of Alabama

P.O. Box 6179 (334) 265-2754

Montgomery, AL 36106

Website: www.aclualabama.org

Facebook: www.facebook.com/acluofalabama

The American Civil Liberties Union of Alabama "works in the courts, legislatures and communities to defend the individual rights and personal freedoms guaranteed by the Constitution and the Bill of Rights."

American Diabetes Association

 3918 Montclair Rd., Suite 218
 National Line: (800) 342-2383

 Birmingham, AL 35213
 Birmingham: (205) 870-5172

 Website: www.diabetes.org
 Fax: (205) 879-2903

Services offered include educational material on diabetes, research, cookbooks, monthly "Forecast" magazine, and referrals to educators at local hospitals. Eligibility: May serve anyone. To apply: Contact office. Fees: None for educational material; cost varies on cookbooks and "Forecast" magazine (cost covers inclusion on mailing list for other educational materials).

American Heart Association

9154 East Chase Pkwy., #366 Montgomery, AL 36117

Website: www.americanheart.org

se Pkwy., #366 (800) 257-6941 AL 36117

Hours: 24/7

Services offered include public health education material, community services programs, and CPR training courses for residents and CPR instructors. Eligibility: May serve anyone. To apply: Contact office. Fees: Registration fees for CPR instructor course, basic cardiac life support course, and heart saver course (one-to-one first aid).

American Lung Association

Website: www.lungusa.org Lung HelpLine: (800) 586-4872

Services offered include support of environmental health-air conservation, cure of respiratory diseases, etc.; education program, including films, radio, television and slide tape program on cigarette smoking and related disease; support of medical and social research; Better Breathers Club; "Freedom from Smoking for a Lifetime" (self-help manuals); eight-week "Freedom from Smoking" Clinic available upon request; and parents of asthmatic children support group meetings and seminars. Eligibility: May serve anyone.

American Red Cross

East Alabama Chapter 206 26th St.
Opelika, AL 36801 (334) 749-9981

Fax: (334) 749-8299

Website: www.redcross.org

Lee and Russell Counties

Mary Littleton, Executive Director Marty Nelson, Emergency Services Hours: 8:00 a.m.-5:00 p.m., M-F

Copyright @2017, Alabama Council on Human Relations, Inc. All rights reserved. June 2017

Offers support for military families and emergency communications to loved ones who are deployed; collects blood; offers various types of training, including CPR, first aid, and aquatics; and provides emergency assistance to victims of natural disasters such as fires, tornadoes, and floods. Apply by phone or go to www.redcross.org for more information. Fees are charged for health and safety training courses to cover materials and supplies, but assistance to disaster clients and military families is free.

Arc of Alabama, Inc. (The)

557 S. Lawrence St. (866) 243-9557 Montgomery, AL 36104-4611 (334) 262-7688 Executive Director: Terry Pezent Fax: (334) 834-9737

Hours: 9:00 a.m.-5:00 p.m., M-F Website: www.thearcofalabama.com Email: info@thearcofalabama.com

The Arc of Alabama, Inc. is a statewide volunteer, membership-based advocacy organization of and for people with intellectual and developmental disabilities and their families, other disability organizations, and the general public.

Area Agency on Aging/Lee-Russell Council of Governments

2207 Gateway Dr.	(334) 749-5264
Opelika, AL 36801	(800) AGE-LINE
Website: www.lrcog.com	
Executive Director: Suzanne Burnett	
Area Agency on Aging Director: Jackie Pinkard	
Auburn Senior Center	(334) 887-8745
Beulah Senior Center	(334) 749-5928
Central Senior Center	(334) 298-8582
Hurtsboro Senior Center	(334) 667-7577
Opelika Senior Center	(334) 745-2679
Russell County Senior Center	(334) 855-0637

Area Agency on Aging serves as a coordinating advocacy and contracting agency for elderly services, including nutrition, recreation, consumer education, transportation, outreach, legal information, referral, planning and development, homemaker services, personal care, respite care, senior employment, and a prescription program. This program is for insured and non-insured individuals. Eligibility varies depending on program.

Arthritis Foundation, Southeast Region (Alabama Area)

Park Place Center 8650 Minnie Brown Rd., Suite 160 Montgomery, AL 36117

Smiths Station Senior Center

500 Office Park Dr., Suite 200 Birmingham, AL 35223 (800) 879-7896

(334) 297-9101

Regional Director: Lisa Hemphill (334) 557-1577 Website: www.arthritis.org (205) 979-5700

Serves all Alabama counties. Works to reduce the unacceptable impact of arthritis on the lives of the estimated 1.2 million adults and 5,000 children in the state who are afflicted with it.

Associates in Family Therapy

2108 Gateway Dr., Suite A

(334) 749-1068

Opelika, AL 36801

Contact: Sally Williamson

Provides individual, marriage, and family therapy for residents of Lee, Russell, Chambers, and Macon counties. Sliding fee scale.

Attorney Referral Service

415 Dexter Ave.

(800) 392-5660

Montgomery, AL 36104

Hours: 8:30 a.m.-11:30 a.m., 1:30 p.m.-4:30 p.m., M-F

www.alabar.org

Referral to licensed attorney who will charge a small fee for an initial interview. Eligibility: any resident of Alabama. Application procedure: Call toll-free number. Fees: set fee for initial 30 minutes of consultation; subsequent fees set by attorney.

Auburn Day Care Centers

Central Office

(334) 821-4060

P.O. Box 262

400 Boykin St.

Auburn, AL 36831-0262 Director: Frixie Melton

Moton Center

(334) 821-1490

Ridgecrest Center

(334) 887-5960

Offers day care and after school programs for children in low- and moderate-income neighborhoods, as well as upper-income neighborhoods. Offers service to children ages 6 weeks to 12 years. Enrollment applications can be picked up at the central office (see above). Call for additional information.

Auburn Housing Authority

931 Booker St.

(334) 821-2262

Auburn, AL 36832

Fax:

(334) 821-2264

Email: info@auburnhousingauth.org

Offers Public Housing and Section 8 government-subsidized assistance programs. The Public Housing program provides low-income families and individuals the opportunity to rent an affordable apartment with the Auburn Housing Authority. The Section 8 program enables low-income families and individuals to rent from a private landlord of their choice with rental assistance administered by the Auburn Housing Authority. Call for more information and eligibility criteria.

Auburn Pain Group (Chronic Pain Support Group)

The Auburn Pain Group offers 10 free sessions of acceptance and commitment therapy to sufferers of chronic pain due to arthritis, lupus, fibromyalgia, chronic fatigue, etc. The sessions are held from 6:00 p.m. to 8:00 p.m. on Wednesdays at First Presbyterian Church in Auburn. For start dates, call Doug Booth at (334) 740-7999. For more information, go to https://www.eamc.org/programsServices/SupportGroups.aspx.

Auburn Parks and Recreation

425 Perry St.

(334) 501-2930

Auburn, AL 36830

Director: Rebecca Richardson Hours: 8:00 a.m.-5:00 p.m., M-F

Website: www.auburnalabama.org/parks

Frank Brown Auburn Recreation Center

(334) 501-2963

Hours: 6:00 a.m.-9:00 p.m., M-Th

6:00 a.m.-6:00 p.m., F

8:00 a.m.-12:00 p.m., Sat

1:00 p.m.-6:00 p.m., Sun

Those living and working in Auburn can access the new fitness center at Frank Brown for a onetime fee of \$25 for a facility access/identification card. Teens ages 16-18 must be accompanied by a parent or legal guardian. Access is not available to anyone under 16.

Dean Road Recreation Center

(334) 501-2950

Hours: 8:00 a.m.-5:00 p.m., M-F

Boykin Community Center

(334) 501-2961

Hours: 6:00 a.m.-9:00 p.m., M-F

1:00 p.m.-5:00 p.m., Sun

Harris Senior Center

(334) 501-2930

Hours: 8:00 a.m.-5:00 p.m., M-F

(Note: Auburn Parks and Recreation administrative offices are located at Harris Senior Center.)

Auburn Parks and Recreation offers recreational programs, activities, and sports for all ages. Auburn residents are eligible and fees vary by activity. The following parks are open to the public for daily use and rentals: Bowden Park, Felton Little Park, Graham McTeer Park, Hickory Dickory Park, Kiesel Park, Martin Luther King Park, Moores Mill Park, Salmon Park, Sam Harris Park, Town Creek Park, and Westview Park. Call for more information.

Auburn Police Department

Crime Prevention Unit 161 North Ross St. Auburn, AL 36830 Chief of Police: Paul Register (24/7): (334) 501-3100 Crime Prevention: Lt. Jonathan Ley Public Safety: (334) 501-3110 Hours: 8:00 a.m.-5:00 p.m., M-F

Operation Identification Program (items are marked so that, if stolen, they can be traced); Neighborhood Watch; and crime prevention and safety education program. Eligibility: residents in Auburn police jurisdiction. Fees: none. Call for more information.

Auburn Public Library

749 E. Thach Ave.

(334) 501-3190

Auburn, AL 36830 Director: Chris Warren

Website: www.auburnalabama.org/library

Hours: 9:00 a.m.-9:00 p.m., M-Th 9:00 a.m.-5:00 p.m., F, Sat 2:00 p.m.-6:00 p.m., Sun

Services offered to Auburn residents with library card in good standing include books for all ages, large print books, CDs, DVDs, audio books, magazines, downloadable ebooks, Wi-Fi, early literacy programs, streaming video, technology instruction, and computers with current Microsoft Office software. There are also English as a Second Language materials for both adults and children.

To obtain a library card, you must live, work, attend school (kindergarten through college), or own property within the Auburn city limits and have a valid photo ID. Call or inquire at the circulation desk.

Auburn Senior Center

Boykin Community Center 410 Boykin St. Auburn, AL 36830 (334) 887-8745

Senior Center Manager: Johnnie Dowdell

Hours: 9:00 a.m.-1:00 p.m., M-F

Services offered: Nutrition, transportation, information and referral, home delivered meals, recreation/crafts, education, and outreach. Eligibility: anyone age 60 or older or spouse of a program participant. Application procedure: Pick up application at the center. Fees: Lunch and transportation contributions accepted.

Auburn United Methodist Church Food Pantry

Auburn United Methodist Church

(334) 826-8800

302 East Magnolia Ave. Auburn, AL 36830 Contact: Reeder Dulaney

Home delivery available to those without transportation or medically unable to drive. Call for Food Pantry distribution and eligibility information.

Auburn University

Auburn University Marriage and Family Therapy Center

Glanton House

(334) 844-4478

Auburn University, AL 36849-5604

Office Hours: 8:00 a.m.-7:00 p.m., M-Th

8:00 a.m.-4:00 p.m., F

(sessions by appointment only)

Website: www.mftcenter.auburn.edu

Offers individual, couple, marriage, and family therapy. People are seen for a variety of reasons under a variety of circumstances. Sliding scale fees range from \$10 to \$50. There is an additional \$20 fee for the first session. Discount fee of \$10 (\$20 first session) for students with valid student ID and copy of course schedule. Services are free for up to 12 sessions to active duty military.

Auburn University Office of Professional and Continuing Education

301 O. D. Smith Hall

(334) 844-5100

135 South College St.

Auburn University, AL 36849 Contact: Hope Stockton, Director Hours: 7:45 a.m.-4:45 p.m., M-F

Email: opce@auburn.edu

Offers a variety of crafts, skills, computer, and business courses. Anyone interested is eligible. To apply, fill out an application. Fees vary depending on course and materials. Some classes have discount fees for senior citizens. Different classes are offered four times a year. Professional courses and seminars are also offered.

Auburn University Psychological Services Center

Psychological Services Center

(334) 844-4889

101 Cary Hall

Auburn University, AL 36849

Therapy Sessions: 8:00 a.m.-7:00 p.m., M-Th 8:00 a.m.-5:00 p.m., F

The Psychological Services Center provides therapy and assessment services to individuals, couples, families, groups, and organizations and is open to all community residents. Both the training needs of the center and the needs of the client serve as criteria for acceptance as a client. The center is not an emergency facility. Most clients will be seen by a graduate student in Clinical Psychology under the supervision of a licensed psychologist who is a faculty member in the Department of Psychology. Nominal fees determined on a sliding-scale basis are charged to offset the cost of operating and enhancing the services provided by the center. For more information, visit www.auburn.edu/aupsc.

Auburn University Speech and Hearing Clinic

1199 Haley Center

(334) 844-9600

Auburn University, AL 36849 Hours: 8:00 a.m.-5:00 p.m., M-F

Provides diagnostic and treatment services for hearing, speech, language, voice, and swallowing disorders for all ages. Individuals may qualify for reduced fees, based on income. Student sponsored screening tests offered at no charge each semester. Participates in Starkey Hearing Foundation's "Hear Now Program," which provides hearing devices to those who qualify for assistance.

Beulah Senior Center

4848 Lee Road 270

(334) 749-5928

Valley, AL 36854

Center Manager: Judy Tubia

Hours: 9:00 a.m.-1:00 p.m. (ET), M-F

Services offered include nutrition, information and referral, home delivered meals, recreation/crafts, education, and outreach. Eligibility: anyone age 60 or older or spouse of a program participant. Transportation available within nine-mile radius of center.

Boys & Girls Clubs of Greater Lee County

Main Office: 1365 Gatewood Dr., Suite 221

(334) 502-1311

Auburn, AL 36830

Fax: (334) 502-1313

Contact: Wanda Lewis, President/CPO Hours: 8:00 a.m.-4:30 p.m., M-F

Potter/Daniel Unit

Auburn Unit (located inside Boykin Community Center)

1610 Toomer St.

400-B Boykin St.

Opelika, AL 36801

Auburn, AL 36832

(334) 745-2582

(334) 821-6020

Drew Bedurah

Anthony Brock

Unit Director

Unit Director

Unit Hours: 9:00 a.m.-6:00 p.m. (summer), M-F

2:30 p.m.-6:30 p.m. (school year), M-F

Copyright @2017, Alabama Council on Human Relations, Inc. All rights reserved. June 2017

Offers youth 6-18 years of age an array of programs based on the Boys & Girls Clubs of America's five core areas of youth development: Education & Career Development, Character & Leadership Development, Health & Life Skills, Arts & Sports, and Fitness & Recreation, Fees: \$50 for school-year membership and \$30/month for after-school/summer programs. membership and camp fees for Auburn and Opelika public housing residents are covered by the Housing Authority. A Teen Center is available during summer and school year.

Camp ASCCA

P. O. Box 21

(256) 825-9226

5278 Camp ASCCA Dr. Jackson Gap, AL 35233 Contact: John Stephenson Hours: 8:00 a.m.-4:00 p.m.

Provides camping, recreation and outdoor education for the disabled—ages 6 to adult.

Camp Smile-A-Mile

1510 5th Ave., South

Arlington Business Center Building Birmingham, AL 35233

Executive Director: Bruce Hooper

Program Director: Jennifer Amundsen

(888) 500-7920 (205) 323-8427

Website: www.campsam.org

Hours: 8:30 a.m.-4:30 p.m., M-F

Camp Smile-A-Mile provides year-round programs for children in Alabama who have or have had cancer. There is no cost to the families to participate in the programs, which include seven camp sessions, one-day programs, teen trips, as well as an inpatient hospital outreach program to serve children at Children's Hospital in Birmingham who may be too sick to attend camp programs. For more information, visit www.campsam.org.

Cancer Information Service

Hours: 24/7

Website: www.cancer.org

(800) 227-2345

Provides accurate, up-to-date information to help patients make educated health decisions. Connects patients, caregivers, and family members with valuable services and resources.

Caregivers & Alzheimer's Support Group

Opelika Sportsplex and Aquatics Center

1001 Andrews Rd.

Opelika, AL 36801

Contact: Leisa Askew

(334) 749-5264

Meets last Monday of month at 12:30 p.m. at: & last Wednesday of each month at 9:30 a.m. at:

Magnolia Place

1553 Professional Pkwy. Auburn, AL 36830

Chattahoochee Valley Community College

2602 College Dr. (334) 291-4900

Phenix City, AL 36869 Switchboard Hours: 7:30 a.m.-9:00 p.m. (ET), M-Th

Contact: Mark Ellard, Interim President 7:30 a.m.-2:00 p.m. (ET), F

Website: www.cv.edu Office Hours: 7:30 a.m.-5:00 p.m. (ET), M-Th

7:30 a.m.-2:00 p.m. (ET), F

Alabama citizens may register for classes as observers or for credit if there is room. Scholarships are available for senior citizens who have a senior citizen ID card and either a high school diploma or GED. Call (334) 291-4929 for registration information.

Chattahoochee Valley Episcopal Ministry (CVEM)

1120 Lockwood Ave. (706) 327-2836

Columbus, GA 31906

Email: <u>info@cvemjubilee.org</u> Hours: 9:00 a.m.-5:00 p.m., M-Th

CVEM volunteers meet with Chattahoochee Valley area residents in need by appointment three days a week. CVEM provides help with rent, mortgage, scholarships, medical expenses, transportation, etc. Volunteers strive to be a source of advocacy and empowerment for clients.

Chewacla State Park

124 Shell Toomer Pkwy. (334) 887-5621 Auburn, AL 36830 Fax: (334) 821-2439

Email: chewacla.statepark@dcnr.alabama.gov

Website: www.alapark.com/chewacla
Hours: 8:00 a.m.-8:00 p.m., 7 Days/Week

Offers outdoor recreation, campgrounds, picnic areas, pavilion, cabin rentals, hiking trails, mountain biking trails, etc. Call or go to website for more information.

Child Advocacy Center of East Alabama

1810 Corporate Dr. (334) 705-0770 Opelika, AL 36801 Fax: (334) 705-0741

Contact: Tina Evans, Program Coordinator

The Child Advocacy Center of East Alabama is a program of Twin Cedars Youth and Family Services, Inc. Its purpose is to 1) provide a safe, child-friendly environment in which sexually and/or seriously physically abused children and their families are helped to deal with the effects of abuse in a manner that promotes healing and 2) coordinate community services in the prevention, investigation, prosecution, and treatment of abused children through a Multi-Disciplinary Team approach. Also provides counseling services for child victims and their non-offending family members.

Child Care Resource Center, Inc.

510 South 7th St. (800) 238-0872 Opelika, AL 36801 (334) 749-8400 Contact: Tammy Morgan, Executive Director Fax: (334) 749-9398

Website: www.ccrc-alabama.org
Hours: 8:00 a.m.-4:00 p.m., M, W, F
8:00 a.m.-4:30 p.m., T, Th

Refers parents in need of child care services to child care providers in the following counties: Chambers, Lee, Macon, Russell, and Tallapoosa. CCRC's goal is to provide child care solutions for the community by identifying child care needs, assisting with child care placement, and making referrals to other child care-related resources.

Child Find

Contact: Eddie Clark (334) 705-6000
Director of Special Education & Gifted Program Fax: (334) 745-5014
Lee County Board of Education
2410 Society Hill Rd.
Opelika, AL 36804

For children who currently attend or will attend Lee County schools, children who attend private schools within the Lee County School System jurisdiction, highly-mobile children (e.g., migrant, homeless) with a disability, and children who are suspected of having a disability and are in need of special education even though they are advancing from grade to grade. Call if you know of a child who may be in need of special education services and for information about specific disabilities.

Children and Family Connection of Russell County

910 13th St. (334) 448-1010 Phenix City, AL 36868 (866) 486-1010 Hours: 9:00 a.m.-6:00 p.m. (ET), M-Th Fax: (334) 448-1066

9:00 a.m.-12:00 p.m. (ET), W

Website: www.childrenandfamilyconnection.com

A program designed to strengthen, empower, and uplift families by providing assessment, education, survival needs, preservation-oriented services, counseling, referral services, need-based services, and follow-up. Other services include: emergency food, basic living skills, case management, home-based and on-site counseling (family/individual), family clothing bank, aftercare services, anger management groups, group counseling, forensic evaluations, psychological assessments, parenting/nurturing classes, preventive education/BTIO, job readiness classes, divorcing parents seminars, family support, in-home counseling, marital/couple counseling, budgeting classes, and behavioral aide services. A computer lab is also available for families and individuals.

Children's Day Out

Auburn United Methodist Church

(334) 826-8800

220 East Magnolia Ave. Auburn, AL 36830

Contact: Allison McNeely, Director

Email: allisonm@aumc.net

Hours: 9:00 a.m.-12:00 noon, M-Th (except for some city/university school holidays)

Offers drop-in care for children ages six weeks to four years. Anyone is eligible. Children accepted on first-come, first-served basis. Fees: \$12 per child and \$3 for each additional child from same family (\$18 maximum per family). Payment due on daily or weekly basis.

Christian Women's Job Corps

The Eagle Center

(334) 821-0591

215 East Thach Ave., Suite 101

Auburn, AL 36830

Contact: Neeley Caldwell Email: neeley@cwjclc.com Website: http://cwjclc.com

Class times: 8:15 a.m.-12:15 p.m., M-F

Offers free 10-week classes twice a year (fall and spring) to help women who are ready to make a change. Classes include job search assistance. Bible study is required. Classes are held at the Eagle Center (next to Mama Goldberg's).

Circle of Care Center for Families

2200 35th Place

P. O. Box 946 (334) 768-4091 Valley, AL 36854 Fax: (334) 768-4058

Contacts: Kea Costley, Case Manager

Jan Sikes, Adult Education

Email: support@thecirclecares.com Hours: 8:00 a.m.-5:00 p.m. (ET), M-F

Offers parenting, youth, adult, and case management services.

City of Auburn (CDBG)

Contact: Ashley Simpson (334) 501-7280

This is for an emergency motel voucher if you are homeless. You will need to go to the City of Auburn Community Development office for a voucher. Your photo ID will be required to receive the voucher.

City of Auburn/Helping Hand

1500 Pumphrey Dr. (334) 501-7280

Auburn, AL 36832

Contact: Todd White, Economic Development Department (334) 501-7277

Hours: 8:00 a.m.-5:00 p.m., M-F

Housing repair/referral network serving low-income persons living in the City of Auburn. Referrals made on case-by-case basis for weatherization, ramps, concrete, and minor repairs.

City of Auburn/Housing Rehabilitation Program

1500 Pumphrey Dr. (334) 501-7280

Auburn, AL 36830

Contact: Ashley Simpson, Economic Development Department

Hours: 8:00 a.m.-5:00 p.m., M-F

Provides rental and utility assistance. Mortgage and sports voucher assistance also available. This program is not available to public housing and Section 8 residents.

Community Market

3810-C Pepperell Pkwy. (334) 749-8844

Opelika, AL 36801 Contact: Elsie Lott

Hours: 8:30 a.m.-10:30 a.m., M-T (brown bag for senior citizens only)

8:00 a.m.-2:00 p.m., W-F 8:00 a.m.-11:30 a.m., Sat

Food distribution center that serves Lee County families in need. Designed to maximize the flow of food to needy families. Call for an appointment before you come.

Consumer Credit Counseling Service of West Georgia and East Alabama

1350 15th Ave. (706) 327-3239 Columbus, GA 31901 (800) 757-2227

Hours: 8:00 a.m.-7:00 p.m. (ET), M, W 8:00 a.m.-6:00 p.m. (ET), T, Th 8:00 a.m.-12:00 p.m. (ET), F (call for appointment)

Assists families and individuals with budgeting and money management techniques, debt management plans, and preventive education programs to encourage the responsible use of credit. Fees on a sliding scale. Also provides pre- and post-bankruptcy counseling, pre- and post-housing counseling, and foreclosure prevention counseling.

Cooper Memorial Library

200 South 6th St.

(334) 705-5380

Opelika, AL 36801

Hours: 8:30 a.m.-7:30 p.m., M-T 8:30 a.m.-6:00 p.m., W-F 9:00 a.m.-5:00 p.m., Sat 1:00 p.m.-5:00 p.m., Sun

Offers big selection of large print books, "Talking Books" (program offered to the blind), and 12 computers for use on a first-come, first-served basis. There is a one-hour time limit unless there is no one waiting. May serve any Lee County resident. Call for more information.

Covenant House-Nineline

Covenant House Georgia (Shelter) 1559 Johnson Rd., NW (800) 999-9999 (404) 589-0163

Atlanta, GA 30318

Hours: 24/7

Provides crisis intervention and information and referrals to homeless, runaways, and other troubled youths and their families. Youths ages 17-21 are accepted. Social services will be involved for youths under 17.

Crisis Center of Russell County

P. O. Box 2835

(334) 297-4435

Phenix City, AL 36868-2835

Crisis Center Hotline: (334) 297-4401

Contacts: Gina Bell, Director

Caitlyn Riggs, Rape Crisis Coordinator

Email: rcc@ccofrc.net

Hours: 9:00 a.m.-5:00 p.m., M-F

Services offered: 24-hour hotline services (will accept emergency long distance telephone calls); intake screening and refuge from domestic violence and sexual assault; emergency housing and food for self and children; confidential counseling and exploration of alternatives; referral to needed services; and transportation on an individual basis. Eligibility: Serves all persons and their children in domestic violence situations.

Damascus Way Home for Women & Children

1200 11th Ave. Columbus, GA 31906

(706) 653-2061

This is a homeless shelter for women and children. You must obtain a police report from the Columbus Police Department. You will have to complete an intake process. No violent offenders will be allowed.

Disabled Veteran Hospital Shuttle Van

Contact: Frank Hartley (334) 756-4695

Shuttle van provides disabled veterans—with morning appointments only—round-trip transportation from Lowe's parking lot in Opelika to the VA Medical Center in Tuskegee. Available Mondays, Wednesdays, and Fridays. Van departs Lowe's at 6:50 a.m. and arrives at the Medical Center at around 7:30 a.m. Van leaves the Medical Center for return trip to Lowe's at 12:00 noon. Call for more information.

Domestic Violence Intervention Center

P. O. Box 2183 24/7 Crisis Line (collect calls accepted): (800) 650-6522 Opelika, AL 36803 (334) 749-1515

Contact: Lisa Stephens, Executive Director Fax: (334) 749-2220

Hours: 24/7 Crisis Counseling/Intake

Services offered include intake screening, emergency housing, confidential counseling, and referral to needed services. Eligibility: Serves women and their children in domestic violence situations. Women and children may receive in-shelter services while male clients receive outshelter services. Serves Chambers, Lee, Macon, Randolph, and Tallapoosa counties.

Drake Middle School - Auburn City Schools Dental Clinic

P. O. Box 3270

655 Spencer Ave.

(334) 887-1926

Auburn, AL 36830

Contact: Joy Stanley, ACS Dental Supervisor

Regular Hours: 8:00 a.m.-1:00 p.m.

Clinic Hours: as available

Offers free dental care (fillings, etc.) to low-income children in Auburn City Schools, grades K-12. Qualifications for dental services: students who receive free or reduced lunch benefits; students who have no dental insurance; students who are not enrolled in ALL KIDS. To apply, call ACS @ (334) 887-2100 or go to http://www.auburnschools.org/Page/2577. There is no waiting period.

East Alabama Medical Center (EAMC)

2000 Pepperell Pkwy.

(334) 749-3411

Opelika, AL 36801

East Alabama Medical Center Educational Services Department

2027 Pepperell Pkwy.

(334) 528-1233

Opelika, AL 36801

Director: Karen Gresham

Hours: 7:00 a.m.-9:00 p.m., M-Th

7:00 a.m.-4:30 p.m., F

Copyright ©2017, Alabama Council on Human Relations, Inc. All rights reserved. June 2017.

Support Groups

Visit https://www.eamc.org/programsServices/SupportGroups.aspx for a list of EAMC support groups. Among the support groups available: Bosom Buddies (for breast cancer survivors), Compassionate Friends (for parents who have lost a child), Colons and Semi Colons (for colorectal cancer sufferers), Grief Support (for hospice families and all others experiencing grief), Lupus (for Lupus sufferers and their families and caregivers), Mended Hearts (for heart disease sufferers), Ostomy Support (for those who have undergone an ostomy procedure), and Teal Magnolias (for gynecological cancer sufferers).

SeniorPlus Program

Program Director: Jeri Ann Faircloth (334) 528-5923

Program for Lee County's senior residents. This program offers a parking pass for the lower level of the parking deck, a quarterly newsletter, a discount at HealthPlus Fitness Center, and discounts on group trips with Becky's Brigade. In addition, members receive discounts at certain restaurants and stores in and around the Auburn-Opelika area. Eligibility: Must be 55 or older. Fee for lifetime membership: \$40 for one person, \$60 for a couple. To apply, pick up an application at the EAMC Foundation office (500 E. Thomason Circle) or call (334) 528-5923 and request that one be mailed to you.

East Alabama Mental Health Center

Main Administrative Office

(334) 742-2700

2506 Lambert Dr. Opelika, AL 36801

Executive Director: Anne Penney

Offers outpatient services such as day treatment, counseling services, family and children services, and psychiatric services. Serves Lee, Russell, Chambers, and Tallapoosa counties.

Outreach Services

2500 Lambert Dr. Opelika, AL 36801

(334) 742-2877

Emergencies ONLY: (800) 815-0630

Provides services that are crisis-oriented, intensive, brief, and focused. The primary goal of the outreach program is to coordinate emergency and intake services in the most efficient and timely way possible.

Outpatient Services

2506 Lambert Dr.

(334) 742-2877

Opelika, AL 36801

Contact: Karen Millander

Offers a wide range of general outpatient services to adults and children who have a diagnosis of a serious mental illness or have a serious emotional disturbance. The primary goal of outpatient

services is to assist consumers to achieve, maintain, or return to an optimal level of functioning in the community, and to avoid, whenever possible, more restrictive treatment. This is accomplished by providing a wide range of services to consumers and their families, delivered by a team of qualified staff, including therapists, nurses, case managers, psychiatrists, and nurse practitioners. Psychiatric clinics are scheduled weekly for adults and children at the outpatient clinics.

Lee County Outpatient Clinic
2506 Lambert Dr. (334) 742-2817
Opelika, Al 36801

Russell County Center
3170 MLK Pkwy., South
Phenix City, AL 36867
(334) 298-2405

Family and Children's Services

2300 Center Hills Dr., Building II (334) 742-2112

Opelika, AL 36801 Director: Jean Spicer

Special Deliveries: Caroline May

Provides support services to parents with children up to age 5 and pregnant women; includes parent education groups, case management services, counseling, and information about child development. Programs include: ABC (Actively Believing in Children) Child Development Center—intensive services for toddlers and preschool children with autism or pervasive developmental disorders in an integrated child care setting; CHINS (Child in Need of Supervision) Intervention Program—range of services for Lee County children who have been or are at risk of being adjudicated and who display behavior problems such as truancy, breaking curfew, and refusing to follow the rules at school and home; Special Deliveries (Child Abuse Prevention)—parenting education, life skills training, and referral to community therapy resources for pregnant and parenting teens; Substance Abuse Prevention Programs—Parent Power, in-school programs, after-school and summer alternative programs, family strengthening programs, Mommy and Me, and Alliance Counteracting Alcohol and Tobacco Advertising.

Case Management Services

Adult Case Management Services

2506 Lambert Ave.

Opelika, AL 36801

(334) 742-2700

Contact: Boyd Burford

Child Case Management Services
Family and Children's Services
2300 Center Hills Dr., Building II
(334) 742-2112

Contact: Jean Spicer

Consumer focused strategy for linking seriously mentally ill (SMI) adults, seriously emotionally disturbed (SED) children, and individuals with mental retardation to necessary community support systems and services to improve their chances for recovery and/or successful community living, and reduce the likelihood of consumers needing more intensive services. Most case management services and activities occur on an outpatient basis. The primary goal of case management services is to ensure effective service coordination (i.e., assessment, linkage,

Copyright ©2017, Alabama Council on Human Relations, Inc. All rights reserved. June 2017

support and resource development, advocacy, social support, case planning, service arrangement, reassessment follow-up, and monitoring) that will best meet the consumer's overall human service needs.

Day Services for Adults

Day Services for Adults 2300 Center Hills Dr., Building I Opelika, AL 36801 (334) 742-2124 Russell County Day Services 3170 MLK Pkwy. Phenix City, AL 36867 (334) 298-2405

Day Services Programs for Adults include: Rehabilitative Day Services—Goal-oriented and specifically designed to provide consumers who have a serious mental illness long-term recovery services, with the goals of improving functioning, facilitating recovery, achieving personal life goals, regaining self-worth, optimizing illness management, and helping consumers to become productive participants in family and community life. Intensive Day Treatment—Provides highly structured services for consumers who have a serious mental illness, and is designed to prevent more restrictive levels of care such as hospitalization. Adult intensive day treatment is an active, intermediate level of treatment that specifically addresses consumer impairments, deficits, and clinical needs. Treatment focuses on stabilization of symptoms, increasing insight, medication monitoring, goal-oriented therapy, and functional training and skill building.

Day Services for Children

2300 Center Hills Dr., Building II Opelika, AL 36801

(334) 742-2112

Provides day treatment and other therapeutic day services for children and adolescents who have been diagnosed as having a serious emotional disturbance.

Residential Services

2506 Lambert Dr. Opelika, AL 36801

(334) 742-2700

Programs include: Group Training Homes—the purpose of which is to teach independent living skills to individuals who would otherwise require help with everyday tasks, and to teach individuals more appropriate adaptive behaviors in an effort to minimize maladaptive behaviors. Supervised Community Living Homes—the purpose of which is to provide time-limited homes in which to offer social, supportive, and rehabilitative services which are designed to assist in stabilizing an individual's mental illness while promoting psychosocial rehabilitation and increasing independent living skills in a home-like atmosphere. Supported Housing—provides supported housing services for adults who have a serious mental illness diagnosis. Supported housing services include case management, basic living skill training, and outpatient services. Foster Care—provides foster care services for consumers who reside in an apartment complex, and contracts with local private home providers for the provision of adult foster care.

BIT (Brief Intensive Treatment) Partial Hospitalization and Crisis Residential Program

1708 Corporate Dr.

(334) 742-2871

Opelika, AL 36801 Contact: Leisa Smith

Provides crisis residential and partial hospitalization services, and is certified by the Alabama Department of Mental Health as a designated mental health facility to detain persons who are court ordered to receive inpatient treatment (non-hospital), in accordance with the Community Mental Health Officer Act. BIT services include, but are not limited to, intensive, structured, active, clinical treatment with the goal of acute symptom remission, hospital avoidance, and/or reduction of inpatient length of stay. Also provides crisis stabilization to voluntary admissions.

East Alabama Services for the Elderly, Inc. (EASE)

1300 Commerce Dr.

(334) 826-5811

Auburn, AL 36830

Fax: (334) 826-6468

Contact: Sherri Long, Executive Director Email: easehomehealth@bellsouth.net

Home health programs offer homemaker, personal care, and companion services for seniors and/or the disabled. Variety of volunteer programs as well. Foster Grandparent Program provides one-on-one mentors to at-risk youth in school systems, daycares, and hospitals. Retired and Senior Volunteer Program places able seniors in community settings that allow them to utilize valuable skills while sharing their talents and life lessons. All EASE staff and volunteers are covered by liability insurance and have undergone background checks. EASE also has independent-living apartments for seniors (62+ years). Easehouse Apartments is a 100-unit HUD property that bases monthly rent on income and assets. EASE is a United Way agency.

Elder Abuse Hotline

DHR Adult Protective Services/Adult Abuse

(800) 458-7214

50 Ripley St.

(334) 242-1350

Montgomery, AL 36130-1801

Hours: 8:00 a.m.-4:30 p.m., M-F (answering machine after 4:30 p.m.)

Receives reports of abuse, neglect, and exploitation of elderly and handicapped adults.

Family Counseling Center, Inc.

1350 15th Ave.

(706) 327-3238

Columbus, GA 31901

Fax: (706) 327-5750

Hours: 8:00 a.m.-5:00 p.m. (ET) M, W

9:00 a.m.-7:00 p.m. (ET) T, Th

8:00 a.m.-2:00 p.m. (ET) F

Offers information/referrals; health/welfare counseling; marriage/family/individual counseling; group/play therapy; child/parent therapy; consumer credit counseling; and Big Brothers/Sisters program. Some insurances accepted. Ask about sliding fee scale when making appointment.

Copyright ©2017, Alabama Council on Human Relations, Inc. All rights reserved. June 2017

Family Enrichment Center of Loachapoka

2 Day Lily St.

(334) 826-8850

Loachapoka, AL 36865

Contacts: James Floyd, Executive Director

Mary Avery, Coordinator

Hours: 1:00 p.m.-4:00 p.m., W, Th

Offers activities for adults 62 and older twice a week (see days and hours above). Activities include bingo, word search, dominoes, chess, arts and crafts, lunch, health/public education speakers, and field trips.

Family Guidance Center

36 Samford Ave., Suite D

(334) 745-7037

Opelika, AL

Offers subsidized child care. Call for eligibility criteria and availability status.

Food Bank of East Alabama

375 Industry Dr.

(334) 821-9006

Auburn, AL 36832 Director: Martha Henk

Website: www.foodbankofeastalabama.com

Hours: 6:30 a.m.-4:00 p.m., M-F

The Food Bank of East Alabama is a private, non-profit organization that solicits, collects and distributes edible surplus food (including fresh or frozen), salvage food, and some non-food products. These products go to non-profit, tax-exempt agencies or churches that provide meals and emergency food to clients. The Food Bank does not serve individuals.

To become a member agency, an organization must be identified by the IRS as a 501 (c) (3) type organization OR be a church or part of an established church AND must distribute the product to those in need without charge. Representatives of organizations may contact the Food Bank for an application.

Freedom Home Care (Home Health Care Services)

2735 Office Park Circle

(334) 262-8156

Montgomery, AL 36116

Hours: 8:00 a.m.-4:30 p.m. (CT)

2208 Executive Park Dr.

(334) 745-7308

Opelika, AL 36801

Hours: 8:00 a.m.-4:30 p.m. (CT)

3596 Macon Rd., Suite A Columbus, GA 31907

Hours: 7:30 a.m.-5:30 p.m. (ET)

(706) 507-3349

Services offered include skilled nursing, personal care, and nurse aides. Eligibility: May serve anyone. Application procedure: Contact office. Fees: Vary with level of services provided.

Gentiva Home Health

5009 Riverchase Dr., Bldg. 100, Suite D

Phenix City, AL 36867

(334) 297-6900

Fax: (334) 297-6903

Contact: Debra Randall

Website: www.gentiva.com

1921 Whittlesey Rd., Suite 310

Columbus, GA 31904

(706) 649-7990

Fax: (706) 649-7991

Contact: Katrina Tanner

Hours: 8:00 a.m.-5:00 p.m. (ET), M-F

(nurses on call 24/7)

Services offered include skilled nursing services, physical therapy, occupational therapy, speech therapy, medical social worker, home health aides, and nutritional guidance. Eligibility: Any person homebound and referred by a physician. Application procedure: Contact office. Fees: Medicare, Medicaid, private insurance, campus or private pay.

Goodwill Industries

3740 Pepperell Pkwy.

Opelika, AL 36801

(334) 275-4815 Website: <u>www.gwisr.org</u> 3201 Macon Rd., Suite 255B

Columbus, GA 31906

(706) 660-5607

(866) 325-8265

Hours: Opelika Store—9:00 a.m.-8:00 p.m. (CT), M-Sat

10:00 p.m.-6:00 p.m. (CT), Sun

Career Center—9:00 a.m.-6:00 p.m. (CT), M-Th

9:00 a.m.-3:00 p.m. (CT), F

Columbus— 9:00 a.m.-8:00 p.m. (ET), M-Sat

10:00 a.m.-6:00 p.m. (ET), Sun

Goodwill accepts donations of gently used items and then offers them for sale at a greatly reduced price. The revenue received from purchases is used to fund Goodwill's mission of connecting people to employment. The Goodwill Career Center, located inside the store, offers job leads, computer access, printing and fax services, workshops, resume classes, and much more. All services are free and available to everyone.

Habitat for Humanity ReStores

3831 Pepperell Pkwy. Opelika, AL 36801

(334) 737-6400 Hours: 9:00 a.m.-5:00 p.m., M-Sat 1104 280 Bypass #B Phenix City, AL 36867 (334) 291-5220, ext. 201

Hours: 9:00 a.m.-5:00 p.m., F, Sat

Copyright ©2017, Alabama Council on Human Relations, Inc. All rights reserved. June 2017

Email: restore@alabamahabitat.org

Habitat for Humanity ReStores support the work of Habitat for Humanity in Alabama. ReStores are open to the public and sell new and used building materials, home improvement supplies, furniture, appliances, housewares, flooring, etc., at 50%-70% off retail pricing.

Harvest Thrift Super Center

2510 Pepperell Pkwy.

(334) 705-8858

Opelika, Al 36801 Contact: Greg Boyd

Social Worker: Geneva Walker

Hours: 9:30 a.m.-6:00 p.m., M, T, Th, F

9:30 a.m.-5:00 p.m., W 9:30 a.m.-7:00 p.m., Sat

Harvest Thrift is a Christ-centered, non-profit thrift store for low-income families.

HIS Place

1415 2nd Ave.

(334) 703-4050

Opelika, AL 36801 Contact: Jimmy Lynch Hours: 8:00 a.m.-5:00 p.m.

Live-in Christian drug and alcohol rehabilitation/counseling program for men for one year. Call for application information and to schedule a tour.

Homeless Resource Network

2221 2nd Ave.

(706) 571-3399

P. O. Box 811

Columbus, GA 31902

Website: www.homelessresourcenetwork.org

Hours: 9:00 a.m.-12:30 p.m., 2:00 p.m.-4:00 p.m. (ET), M, T, Th, F

Referral agency; provides programs such as transportation for people experiencing homelessness in shelters and/or on the streets. Also provides a program that helps homeless obtain an ID or birth certificate, which is useful when finding/accepting a job; access to a local phone and an address that participants can use to receive mail; and a storage program where homeless can store their possessions until they find a home.

Hosanna Home at Hope's Inn

P.O. Box 125

(334) 742-0777

LaFayette, AL 36862

Contact: Angie Chappell, Director

Hope's Inn is a shelter for abused, battered, and homeless women and children. Our ultimate goal is to assist these women with life decisions that will make them fruitful, productive members of society. Women and their children under 12 are eligible. Call for application information.

Hospice of EAMC (East Alabama Medical Center)

665 Opelika Rd., Suite 300

(334) 826-3131

Auburn, AL 36830 Director: Carla Winslett

Hours: 8:00 a.m.-5:00 p.m., M-F

Hospice of Lee County provides comfort and palliative care to the terminally ill patient. This includes patients with cancer, heart disease, and AIDS (HIV). Medicine, equipment, and rehabilitation services provided as needed. Bethany House is a 10-bedroom inpatient facility offered to the patients if care at home becomes too difficult. Social services are also provided. Fees are usually covered by insurance. Call for more information.

Grief Support Group

Contact: Nana Daronatsy

(334) 826-1899

Open and free to public. Meets at EAMC Education Center 10:00 a.m.-11:00 a.m. on second Wednesday of each month and 5:30 p.m.-6:30 p.m. on fourth Monday of each month.

House of Mercy

1532 3rd Ave.

Columbus, GA 31901

(706) 322-6463

Shelter for homeless men, women, and children; soup kitchen daily for those in need of food.

Hurtsboro Senior Center

501 Owens St.

(334) 667-7577

Hurtsboro, AL 36860

Center Manager: Virginia Smith

Hours: 8:00 a.m.-2:00 p.m. (CT), M-F

Offers social activities, recreation and exercise, nutrition/consumer education, transportation, health counseling, home delivered meals, crafts, information and referral. Eligibility: 60 or older or spouse of program participant. Fees: none.

Joyland Child Development Center

410 Boykin St.

(334) 821-7624

Auburn, AL 36830

Fax: (334) 821-7695

Director: Pam Dumas

Hours: 6:30 a.m.-5:30 p.m.

Low-cost daycare for working mothers with children ages 2 ½-12 years. Fees based on income. For more information, call or stop by.

Jule Collins Smith Museum of Fine Art

901 S. College St.

(334) 844-1484

Auburn, Al 36830

Galleries/Shop Hours: 10:00 a.m.-4:30 p.m., T, W, F, Sat

10:00 a.m.-8:00 p.m., Th 1:00 p.m.-4:00 p.m., Sun

Café Hours:

11:00 a.m.-2:00 p.m., T, W, F

5:00 p.m.-8:00 p.m., Th

Admission: Free (\$5 donation suggested and appreciated)

The 40,000 square-foot Jule Collins Smith Museum of Fine Art, constructed of Italian travertine, is itself a work of art. We invite you to wander through our spacious lobby, terrace, exhibition galleries, museum shop, café, and auditorium. Call for more information.

J.W. Darden Wellness Center (The Darden House)

1323 Auburn St.

(334) 528-1438

Opelika, AL 36801

Hours: 9:00 a.m.-12:00 p.m., W

Offers free health education and screenings to the community. Walk-ins are welcome and appointments can be scheduled. Free diabetic support and education sessions are available to diabetes sufferers and their loved ones on last Wednesday of every month, 10:00 a.m.-11:00 a.m.

Lakeview Baptist Church/Internationals Ministry

1600 East Glenn Ave.

(334) 887-7094

Auburn, AL 36830 Contact: Rob Martin

Offers Conversational English (ESL) classes to those with any level of English skill. Classes are 6:00 p.m.-8:00 p.m. on Wednesday evenings during the school year (August to April). Dinner is provided before class (dinner served at 5:15 p.m.) and there are activities for the entire family. Transportation is available between Auburn University and Lakeview. For more information, call or go to www.auburninternationals.org/english.

La Leche League

Meeting Location: Cornerstone Family Ch (334) 257-3950

Cornerstone Family Chiropractic 323 Airport Rd. Auburn, AL 36830

(334) 749-3353

Contact: Josie Ettinger

A non-profit organization that provides breastfeeding information, encouragement and support through mother-to-mother support groups and interaction with parents, physicians, researchers and health care providers. Call for meeting schedule.

Lee County Cooperative Extension System

Lee County Agricultural Center 600 South 7th St., Suite 4 Opelika, AL 36801

County Extension Coordinator: Tara Barr

Website: www.aces.edu/lee

Offers educational services on agriculture and natural resources, home economics, community resource development, and 4-H. Call or go online for more information. Anyone living in Lee County is eligible. Materials are available.

Lee County Department of Human Resources

1715 Corporate Dr. (334) 737-1100 Opelika, AL 36801 Fax: (334) 737-1270

Hours: 8:00 a.m.-4:30 p.m. Director: Emily Galloway Jones Website: www.dhr.alabama.gov

Lee County DHR Child/Adult Abuse, Neglect and Exploitation Services

After Hours Child Abuse Hotline: (334) 737-1111

DHR investigates reports of abuse, neglect and exploitation of children, disabled adults and the elderly. DHR provides services to strengthen families through appropriate, individualized services. DHR also licenses home day care providers for young children, foster care providers for abused children/adults, and adoptive homes for DHR adoptions. Also, general referrals for other community resources such as the Lions' Club are available through the Intake Unit.

Lions' Club Program (Alabama Sight Conservation Association)

Offers referrals on behalf of the local Lions' Club that serves the Lee County area. The Lions' Club provides eye exams and corrective lenses to eligible clients with low income. This service is provided to adults and children with no health insurance. Proof of income/ID required.

Lee County DHR Food Stamp Program

Offers food assistance: Note: Emergency food assistance requires that persons in certain crisis situations be issued benefits within seven days. Eligibility: Persons meeting USDA Income and Resource Standards. To apply, visit local agency or go to www.dhr.alabama.gov and complete and return an application. Processing period is up to 30 days if there is not an emergency status.

Lee County DHR Family Assistance and JOBS Program

The Family Assistance Program provides temporary cash assistance to low-income families with children who are under 18 (under 19 if in school). The JOBS Program provides job training, child care, and support services to Family Assistance recipients (and certain former recipients) to assist in moving from welfare to work.

Lee County DHR Child Support Program

Alabama's Child Support Enforcement Program is a federal, state and local partnership designed to get your child the financial and medical support he or she deserves.

The program can assist in locating the non-custodial parent, establishing paternity, obtaining an order for child support and medical support, enforcing a court order, and collecting and distributing support payments.

Yearly Gross Income	Fee Amount
\$0-\$9,999.00	\$5
\$10,000.00 and above	\$25

(Note: Income verification is required.)

Local Disasters Response Services

During a disaster, DHR has responsibility for providing emergency welfare services. DHR collaborates with many agencies for disaster response in the Lee County area.

Lee County Emergency Management Agency

908 Avenue B (334) 749-8161 Opelika, AL 36801 Fax: (334) 749-6058

Director: Kathrine Carson Website: www.leecoema.com

Community planning, preparedness, response and recovery coordination. Training on emergency-related topics provided. Community Emergency Response Team (CERT) training also provided. All persons in need are eligible.

Lee County Habitat for Humanity

605 2nd Ave. (334) 745-2123

Opelika, AL 36801

Website: www.leecountyalhabitat.org

Builds or rehabilitates affordable homes for low-income families with the help of community partners. Donations of money, materials, and volunteer labor accepted.

Eligible applicants must: have a need for housing due to current housing situation being substandard and/or inadequate with significant problems; be willing to contribute up to 500

Copyright @2017, Alabama Council on Human Relations, Inc. All rights reserved. June 2017

hours of sweat equity toward home ownership; and have a qualifying annual household income that can be verified.

Instruction on the application process is provided throughout the year. Check the *Opelika-Auburn News* for dates and times.

Lee County Health Department

1801 Corporate Dr. Opelika, AL 36801 (334) 745-5765

Hours: 8:00 a.m.-5:00 p.m., M-F

Services include:

Vital Records

Certified birth and death certificates for a vital event which occurred within the State of Alabama are available upon request for a fee. You may an application and take it to any local county health department in the State of Alabama or mail it along with the appropriate fee to:

Alabama Department of Public Health Center for Health Statistics P.O. Box 5625 Montgomery, Alabama 36103-5625

Clinical Services

- ALL Kids
- Family planning—counseling and birth control
- Women's health—pap smear, breast, and cervical program
- STD Clinic—testing, treatment, counseling, and partner notification; held in Opelika 8:00 a.m.-11:00 a.m., M-F (by appointment only unless emergency
- WIC (Women, Infants, & Children)—application, voucher issuance, and nutrition counseling; supplemental feeding program for pregnant or breast feeding mothers, infants, and children up to five years old who have certain nutritional problems. Eligibility determined by income and health/nutritional need; open Monday through Friday by appointment.
- Medicaid enrollment
- Vaccinations—influenza and pneumococcal
- Medicaid Assistance Program (MAPS)
- Clinical laboratory testing
- Fee Income Schedule (based on income)
- TeleHealth (remote monitoring for Patient First patients only)
- Nurse Practitioner available Monday, Wednesday, and every other Friday

Home Health Services

- Skilled nursing services
- Home health aide services

- Medical social work services
- Therapy services

Environmental Services

- Public health nuisance complaint investigations
- Food service inspections
- Hotel inspections and public pools
- Jail and prison inspections
- Body art facilities inspections
- Camp inspections
- Small and large flow development—applications and permits
- Onsite sewage—applications and permits
- Solid waste facilities and vehicles—applications and permits
- Garbage exemption—applications
- Septic tank, grease trap, and holding tank—applications and permits
- Sewage tank pumper—applications and permits
- Vector control
- Rabies control—testing and bite management
- Private well water testing
- Some environmental services require submission of fee prior to service being performed

Lee County Humane Society

1140 Ware Dr.

(334) 821-3222

8.30 am -2.30 nm M

8:30 a.m.-5:00 p.m., T-Sun

Auburn, AL 36832

Email: lchs@leecountyhumane.org

Director: Bobbi Yeo

The Lee County Humane Society is dedicated to serving the citizens of our community through animal rescue, the promotion of responsible animal companionship, and the elimination of pet overpopulation.

It's a 501(c) 3 non-profit, open-admission shelter serving Lee County by housing stray and unwanted animals. It also provides adoptions services, educational programs, foster opportunities, volunteer services and community awareness.

Dusiness Hours	8:30 a.m5:00 p.m., T-Sun
Visiting & Adoptions	12:00 p.m5:00 p.m., T-Sun
Looking for a Lost Pet	8:30 a.m2:30 p.m., M

Adoption Fees

Rusiness Hours

Adult dogs: \$105 Adult cats: \$90

Puppies (6 months old and younger): \$125 Kittens (6 months old and younger): \$125

Copyright #2017, Alabama Council on Human Relations, Inc., All rights reserved. June 2017

Includes spay/neuter surgery, DHLPP/FVRCP vaccine, Bordetella vaccine (dogs), de-wormer, microchip, 30 days pet insurance, free first check-up at local vet, and your new best friend.

Reclaim Fees

\$40 impound fee per animal. \$10 a night per altered animal. \$15 a night per unaltered animal. All fees double after first reclaim.

If your animal is micro-chipped, spayed or neutered, and picked up within 24 hours of arriving at the Lee County Humane Society, there will be no fee associated with your claim.

Lee County Department of Animal Welfare

Animal Control:

Auburn: (334) 501-3090 Opelika: (334) 705-5480 Lee County: (334) 737-7013

Lee County Literacy Coalition

2133 Executive Park Dr.

Opelika, AL 36801

(334) 705-0001

Contact: Sue Edge, Director Hours: 9:00 a.m.-4:00 p.m., M-F

Lee County Literacy Coalition is a United Way agency that provides free one-to-one tutoring for those that need help with reading, basic math, GED preparation, and FDIC Money Smart training. Money Smart training includes 11 modules that address everything from how to open a bank account to financial recovery.

Call or go to <u>www.leecountyliteracy.org</u> for more information. The Literacy Coalition's vision is that "every man, woman, and child in our community will be proficient in reading, writing, and basic math skills."

Lee County Youth Development Center

1109 Spring Dr. (334) 749-2996 Opelika, AL 36801 Fax: (334) 745-0503

Contact: Laura Cooper, Executive Director

Hours: 8:00 a.m.-4:30 p.m., M-F

Website: www.lcydc.org

Lee County Youth Development Center (LCYDC) offers a broad continuum of services and interventions focused on at-risk and vulnerable populations. Services provided by LCYDC require referral from one of several sources (i.e., DHR, DYS, Family Court, school personnel).

Services include moderate and intensive residential treatment for adolescents, juvenile detention, mentoring (Project Uplift), school intervention/prevention, abstinence education, in-school programs for children in self-care, transitional/extended care for older adolescents, therapeutic foster cared, and coaching and counseling services for families in their homes and communities.

Lee Russell Council of Governments

2207 Gateway Dr.

(334) 749-5264

Opelika, AL 36801

Executive Director: Suzanne Burnette

Regional planning and development organization that serves member governments by managing programs, promoting collaborative efforts, and serving as a clearinghouse for federal, state, and local funds.

Transportation

Lee-Russell Public Transit: Offers convenient bus schedule and routes. Operates a **Dial-A-Ride** service in designated areas within Lee and Russell counties. Call for more information.

Phenix City Express: Offers convenient bus schedule and routes. Operates a fixed route and para-transit service within the city limits of Phenix City. A fixed route travels into Columbus, GA to drop passengers off at a METRA stop to allow riders to transfer to a METRA bus. Also offers a para-transit service into Columbus for medical visits only. Call for more information.

United We Ride Pilot Program: Seeks to provide more transportation options to more of our transportation disadvantaged citizens in Lee and Russell counties by building partnerships between providers of transportation and the human service agencies and organizations that represent senior citizens, families in poverty, and individuals with disabilities. Call for more information.

Area Agency on Aging

Medicaid Waiver Program: Enables eligible blind, elderly, and disabled persons to receive assigned and specialized care in their homes. Allows individuals to avoid or delay their move to a nursing home. Services provided at no cost to participant.

Senior Centers: Operates seven senior centers—four in Lee County and three in Russell County. Centers serve as a community focal point from which an array of services and programs can be channeled to individuals who are 60 or older. The service is free, but donations are accepted. Services include social activities, nutrition education, health counseling, consumer education, recreation and exercise, hot meals, information and referral.

Home Delivered Meals: Eligible senior citizens can receive home-delivered frozen meals, which are delivered once a week. Qualifications are based on need and age (must be age 60 or over).

Ombudsman and Legal Assistance: Investigates complaints and answers questions from seniors and their families concerning nursing homes and assisted living facilities. Clients may speak to an attorney concerning insurance coverage, estate planning, food stamps, and other legal issues.

State Health Insurance Program/Senior Medicare Patrol Program: Provides seniors with consumer education and counseling to help them understand Medicare, Medicaid, long-term care insurance, and other health insurance options.

Preventive Health: Provides health screenings, wellness seminars, nutrition counseling, exercise, medication screening, health assessments, and health promotion at senior centers.

Senior Workers: Offers training, assistance, and resources to family caregivers, an Alzheimer's Support Group, etc.

Information, Outreach and Referral: Provides health insurance counseling, the Rainbow Book (a list of services for seniors), the 1-800-AGE-LINE (referral service), the Annual Senior Citizens Picnic, and participation in Rebuilding Together of Lee County.

Lee-Russell Aging Foundation: Holds fundraising events, such as the Annual Unforgettable Footsteps Mardi Gras Walk/Run (benefits clients with dementia-related illnesses).

SenioRx Prescription Drug Program: Helps those 55 and older receive medications at little or no cost.

Legal Services Alabama

2567 Fairlane Dr., Suite 300	(334) 832-4570
Montgomery, AL 36116	(800) 844-5342
Website: www.legalservicesalabama.org	(866) 456-4995

Legal Services Alabama is dedicated to providing access to justice and quality civil legal assistance to educate and empower Alabama's low-income community. Offices in Birmingham, Dothan, Huntsville, Mobile, Montgomery, Selma and Tuscaloosa. Call for free legal help in areas such as disaster-related issues, housing, welfare, other benefits, education, credit/bills, disability, unemployment compensation, domestic violence, divorce, and wills. Eligibility: people with low income; only certain cases accepted. Community education materials available.

Loachapoka Public Library

Loachapoka Community Center 6091 Stage Rd. Loachapoka, AL

Website: http://www.loachapokapubliclibrary.org

Hours: 3:00 p.m.-7:00 p.m., M 1:00 p.m.-7:00 p.m., T, Th

(Note: Closes at 6:00 p.m. mid-October through mid-March)

Macon-Russell Community Action Agency

102 Lakeview Rd. 1106 B 280 Bypass Tuskegee, AL 36083 Phenix City, AL 36869 Contact: Patrick Smith, Executive Director Contact: Latoya Payne (334) 727-6100 (334) 298-6610

Hours: 9:00 a.m.-5:00 p.m., M-F

Programs: rural public transportation, LIHEAP, elderly nutrition, and Alabama Cares Program.

Mercy Medical Clinic

1702 Catherine Court

(334) 501-1081

Suite 1-A

Auburn, AL 36830

Hours: 9:00 a.m.-11:00 a.m., 1:00 p.m.-3:00 p.m. M-Th

Provides primary care services at low cost to low-income Lee County residents who do not have medical insurance, Medicaid, Medicare, or VA benefits.

Works to find discount/affordable medications for patients. Occasional dental care provided (waiting list for appointments). Screening process for becoming a patient. Call for details.

MERCY Ministry (Methodist Emergency Relief for Community)

Auburn United Methodist Church 137 S. Gay St. Auburn, AL 36831

(334) 826-8800

Contact: Linda Bates, Director

Provides assistance with utilities and housing to eligible Lee County residents who are experiencing a financial crisis. (Note: We are unable to assist Opelika Power Services and Opelika Water Works Board customers.)

Assistance available by appointment only. Call (334) 329-5050 (available 24/7) for appointment and eligibility requirements.

Midtown Medical Center, Inc.

710 Center St. Columbus, GA 31901 Main Switchboard: (706) 571-1000

Services and treatments: weight loss (bariatric) surgery, pediatric emergency medicine, interventional radiology, nuclear medicine, diagnostic sleep tests, general surgery, interventional cardiology, adult intensive care, pediatric radiology, ultrasound, minimally invasive surgery, obstetrics and gynecology, cardiovascular outpatient services, pediatric neurology, CT scan, MRI, robotic services, birthing services, emergency and trauma care, pediatric emergency, PET scan, physical therapy, thoracic surgery.

Mission Thrift Store (Life-Savers Ministries)

2051 East University Dr. Auburn, AL 36830

(334) 887-5433

Hours: 10:00 a.m.-6:00 p.m., M-Sat

Clothing, furniture, household items, etc. are available to the community.

NAMI (National Alliance on Mental Illness) East Alabama

200 Ballard Ave. Opelika, AL 36804

Contacts: Joyce Cahela (334) 745-5611

Email: jcahela@charter.net Hours: 8:30 a.m.-4:30 p.m., M-F Website: www.namialabama.org

NAMI – AL State Office (334) 396-4797 1401 I-85 Pkwy., Suite A (800) 626-4199

Montgomery, Al 36106

A support group for families, friends and persons who suffer from a neuro-biological disorder. Meets every third Tuesday of each month at 7:00 p.m. in the board room of the administration building of East Alabama Mental Health, 2506 Lambert Dr., Opelika.

Narcotics Anonymous (NA)

Local meetings:

Auburn United Methodist Church

137 S. Gay St.

Auburn, AL 36830

(334) 826-8800

(call for meeting schedule)

Opelika Addictions Center
2300 Center Hill Dr.

Opelika, AL 36801

(334) 742-2130

(call for meeting schedule)

NA is an international, community-based association of recovering drug addicts. The NA focus is on the disease of addiction and not a particular drug. For more information and additional meeting opportunities, call (818) 773-9999, ext. 771, or go to www.na.org.

National Runaway Safeline

3141B N. Lincoln Ave. (800) RUNAWAY (786-2929)

Chicago, IL 60657

Website: www.1800runaway.org

Email: communications@1800runaway.org.

Hours: 24/7

Mission is to help keep America's runaway, homeless, and at-risk youth safe and off the streets.

Opelika Addictions Center

2300 Center Hill Dr., Building 1 (334) 742-2130

Opelika, AL 36801

Executive Director: Steve Smith

Intensive outpatient substance abuse treatment. Affiliate of East Alabama Mental Health Center.

Copyright ©2017, Alabama Council on Human Relations, Inc. All rights reserved. June 2017

Opelika Housing Authority

1706 Toomer St. (334) 745-4171

Opelika, AL 36801

Section 8 and Public Housing: Contact Jennifer Mitchell: (334) 745-4171 Family Self-Sufficiency Program: Contact: Karen Reese: (334) 749-5468

Opelika Resident Hotline: (334) 704-0072 (24/7)

Offers housing assistance, recreation, health, welfare and consumer education counseling. Those with low income and those who are elderly or disabled are eligible. Rent based on income; there is a waiting period.

Opelika Parks and Recreation

1101 Andrews Rd. Administration: (334) 705-5560 Opelika, AL 36801 Tennis Center: (334) 705-5556

Covington Center (334) 705-5550

213 Carver Ave. Opelika, AL 36801

Denson Drive Recreation Center (334) 705-5549

1102 Denson Dr. Opelika, AL 36801

Opelika Sportsplex and Aquatics Center (334) 705-5560

1001 Andrews Rd. Opelika, AL 36801

Programs include exercise, sports, year-round recreational programs for all ages, various crafts, and home skills. Offers exercise and ceramics classes periodically. Offers summer day camp, children's theater, and swimming. Also have facilities for retreats, picnics, etc. Eligibility: Open to Lee County residents.

To apply, call or fill out application. Summer day camp and arts and crafts are offered. The Sportsplex is a public facility, but there is an annual membership fee. There is also a fee per program.

Opelika Police Department

501 South 10th St. (334) 705-5200 Opelika, AL 36803 Secret Witness Hotline: (334) 745-8665

Services offered include crime prevention and safety education program. Eligibility: anyone residing in Opelika police jurisdiction. Fees: none.

Open Door Community House

2405 2nd Ave.

(706) 323-5518

Columbus, GA 31901

Hours: 8:00 a.m.-5:00 p.m., M-F

Services: family oriented activities, transition homes for women, parenting program, GED class, after school program, senior citizen activities, showering program for the homeless, clothing ministry, and case management for women. Also a summer academy for children. People may come in to take a shower, get a change of clothing, and have breakfast. Eligibility: May serve anyone. No fee.

Parenting Assistance Line (PAL)

(866) 962-3030

PAL is a collaborative service of the University of Alabama Child Development Resources and the Alabama Children's Trust Fund. When callers call the toll-free number, a Parenting Resource Specialist will answer the phone, listen, and then offer helpful information and support. Callers can request free literature about specific parenting concerns.

Calls are free and confidential. Parent Resource Specialists are available 8:00 a.m.-8:00 p.m., Monday through Friday. Messages can be left at any time.

Pastoral Care and Counseling Center

2124 Moores Mill Rd., 230B Auburn, AL 36830

(334) 501-7829

The Pastoral Care and Counseling Center is a non-profit counseling agency. It offers all types of counseling for children, adults, and couples. Fees: sliding scale based on income. Call to make an appointment.

Phenix City Housing Authority

200 16th St.

(334) 664-9991

P. O. Box 338

Phenix City, AL 36868-0338

Executive Director: Mary Mayrose Housing Director: Beverly Wilks

Hours: 8:00 a.m.-1:00 p.m., 2:00 p.m.-6:30 p.m. (ET), M-Th

Services offered include public housing, housing choice vouchers, resident services, and after-school tutoring. Eligibility: varies with program or service, dependent on income. Applications for public housing are available Monday through Thursday from 8:00 a.m. to 6:00 p.m. Availability of Section 8 applications varies; waiting list currently closed.

Phenix City Parks and Recreation Department

1500 Airport Rd.

(334) 291-4719

Phenix City, AL 36867 Director: Todd Hughes

Hours: 8:00 a.m.-5:00 p.m. (ET), M-F

Provides quality leisure services and facilities for the citizens of Phenix City, including recreational services, athletics, senior citizen programs, municipal parks, facility rentals, amphitheater, riverwalk, golf course, special events, etc. Call for more information.

Phenix City Police Department

1111 Broad St. Phenix City, AL 36867 (334) 448-2800 Emergency: 911

Utilizes high technology to report, track, and prevent crime. Employs the use of computers on a network equipped with the Spillman Public Safety Data System to enable the instant sharing of information between the police department, emergency 911 system, and the Russell County sheriff's office.

Phenix City-Russell County Library

1501 17th Ave.

(334) 297-1139

Phenix City, AL 36867

Contact: Michele Kilday, Director

Hours: 9:30 a.m.-6:00 p.m. (ET), M, W, Th, F

9:30 a.m.-8:00 p.m. (ET), T 10:00 a.m.-2:00 p.m. (ET), Sat 1:00 p.m.-5:00 p.m. (ET), Sun

Website: www.phenixcitylibrary.com

Offers wide range of resources, family programs, Junior Olympic Academy, teen programs, adult summer reading, adult coloring program, basic computer classes, story time for preschoolers and toddlers, etc. Wii system available upon request. Ebooks available. ABCmouse.com learning center available when accessed from library. Call or go online for more information.

Pine Grove Church

7235 US Highway 29 North Opelika, AL 36804 (334) 749-8874

Hours: 9:00 a.m.-11:00 a.m., Th

A food assistance program is offered. You must bring a photo ID and proof of income (e.g., Food Stamp letter, SSI, etc.). This program operates on a first come-first served basis. There is also a devotional before food is given out. You don't have to attend devotional to receive help.

Presbyterian Community Ministry (PCM)

143 E. Thach Ave.

(334) 887-3777

Auburn, AL 36830

Coordinator: Mary Turnbull

Hours: 10:00 a.m.-2:00 p.m., M-T

12:00 noon-4:00 p.m., Th

Offers interest-free loans to help with housing-related needs such as utilities, rent payment, and repairs. Call for application information.

Prescription Drug Programs – Low Cost

Walmart was the first to offer over 300 different prescription drugs at only \$4 per prescription/ refill for a 30-day supply (\$10 for a 90-day supply). Most of the drugs available on the list are generics.

Generic medications are cheaper and often just as effective as their name-brand equivalents. Ask your doctor or pharmacist if a medication you have been prescribed is available as a generic that would meet your medical needs.

Various discount prescription drug programs are now also offered at a number of pharmacies (e.g., Kmart, Kroger, Publix, Walgreens, etc.). Details—including a list of medications covered—are usually available on their websites.

Prescription Medications – Partnership for Prescription Assistance

Website: www.pparx.org

(888) 477-2669

Patients who can't afford prescribed medications can go online or call to apply to receive free or discounted medications through PPA. There's no charge for this service.

Prime Care Medical Center

203 W. Lee St.

(334) 727-7050

Tuskegee, AL 36083

Hours: 7:30 a.m.-5:00 p.m., M-F

Provides pediatric services. Accepts Medicaid and All Kids.

Project Uplift

422 W. Thatch Ave. (191 Cary Hall) Auburn University, AL 36849-5249

(334) 844-4430 Fax: (334) 844-4449

Program Coordinator: Chris Nunn

Website: www.auburn.edu/projectuplift

Hours: 7:45 a.m.-4:45 p.m.

Project Uplift is a volunteer program in which adult volunteers (mostly University students) are paired with Lee County school-age children to establish strong and sincere relationships that will help them build constructive, happy lives, thereby decreasing the delinquency rate in our community.

Lee County children between the ages of 5 and 12 are eligible for services and can be referred by a school, a social service agency, or a family member. The program is part of the Lee County Youth Development Center and receives office space and in-kind services through a contract with the Auburn University Department of Psychology. Services are free.

Ralston Towers (The)

211 12th St. (706) 322-7331

Columbus, GA 31901

Director: Claudette Boelter

Hours: 9:00 a.m.-5:00 p.m. (ET), M-F

Housing for those who are 62 and older and/or disabled. Rent based on 30% of gross income. Call for more information and application requirements.

Rape Counselors of East Alabama

Executive Director: Vickie Dearing (334) 741-0707 Hours: 24/7 Emergency Call: (334) 705-0510

Provides free and confidential services to victims of sexual assault and their families and friends. Also provides education, prevention, volunteering, and victim advocacy services.

Regional Poison Center

Available 24/7 for poison information. State of Alabama: (800) 292-6678

National Number: (800) 222-1222

Russell County Cooperative Extension System

508 14th St. (334) 298-6845

P. O. Box 1128

Phenix City, AL 36867

County Extension Coordinator: Jennifer Davidson

Hours: 8:00 a.m.-12:00 p.m., 1:00 p.m.-5:00 p.m. (ET), M-F

Delivers research-based educational programs that enable people to improve their quality of life and economic well being. Programs offered in areas of agriculture, forestry, wildlife, natural resources, economic and community development, family and health, home and garden, and 4-H and youth development.

Russell County Department of Human Resources

1003 25th Ave. (334) 214-5780 Phenix City, AL 36869 Fax: (334) 214-5814

Hours: 8:00 a.m.-4:30 p.m. (ET), M-F

Family and child services, TANF/JOBS information, child support, child and adult protective services, SNAP/Food Stamps assistance, etc.

Russell County Health Department

1850 Crawford Rd. (334) 297-0251 Phenix City, AL 36867 Fax: (334) 291-5478

Hours: 7:30 a.m.-5:00 p.m. (ET), M-F

Vital records, clinical services, home health services, environmental services, etc.

Russell County Mental Health Center

3170 Martin Luther King Jr. Pkwy., South (334) 298-2405

Phenix City, AL 36868

Hours: 8:30 a.m.-5:00 p.m. (ET), M-F

Services in the areas of mental illness, substance abuse, intellectual disabilities, family and children, and case management. Provides outreach, therapy, counseling, education, information and referral, liaison with other agencies, diagnostic evaluations, etc.

Russell County Task Force for Senior Citizens

Summerville Baptist Church (334) 298-4416

3500 Summerville Rd. Phenix City, AL 36867

Contact: Pat Rublin (334) 297-8403

Administers a food assistance program every Tuesday starting at 9:00 a.m. to those in the Phenix City area. Spiritual counseling, referrals, and volunteer opportunities also available.

Saint Vincent de Paul Society of Saint Michael's Catholic Church

1100 North College St. (334) 887-5540 Auburn, AL 36830

Hours: 9:00 a.m.-11:00 a.m. (first Wednesday of every month to sign up for food assistance) 9:00 a.m.-11:00 a.m. (every Thursday to pick up food)

Provides food to people in crisis. Bring Social Security number of everyone in the household, proof of income, and proof of address. Clients can receive food from the pantry up to six times per enrollment year. A Utility Assistance Program is also offered (very limited funds available). No more than \$250 per client is available and help is offered only once in a 12-month period. Call for an appointment. Must be a Lee County resident.

Copyright #2017, Alabama Council on Human Relations, Inc. All rights reserved. June 2017

Salvation Army

Among the services that may be available: emergency shelter, thrift stores, drug-alcohol abuse rehab, rent assistance, utilities assistance, clothing assistance, food assistance, disaster relief, character building, and youth programs. Call for more information and to check on availability.

Lee County Area

1038 Opelika Rd. (334) 826-0442

Auburn, AL 36830

Hours: 9:00 a.m.-5:00 p.m. (CT), M-Sat

Columbus, Georgia, and Russell County, Alabama Area

5201 Warm Springs Rd. (706) 561-9026

Columbus, GA 31909

Hours: 8:30 a.m.-4:30 p.m. (ET), M-F

Men's Shelter (706) 327-0275

1718 Second Ave. Columbus, GA 31902

Thrift Store (706) 322-0482

615 Manchester Expressway Columbus, GA 31904

Senior RX

This program helps senior citizens with prescription costs. (800) 243-5463

Smiths Station Baptist Church

2460 Lee Road 430 (334) 297-4932

Smiths Station, AL 36877

Hours: 1:00 p.m.-3:00 p.m., T (by appointment only)

Food Pantry and Samaritan Clothes Closet programs. Help with food and some clothing needs by appointment only. Must bring ID, proof of residency (phone or light bill), and proof of income. Only Smiths Station residents served. Call for appointment.

Smiths Station Senior Center

3172 Lee Road 242 (334) 297-9101

Smiths Station, AL 36877

Center Manager: Betty Howard

Hours: 9:00 a.m.-1:00 p.m. (ET), M-F

Services offered include nutrition, information and referral, recreation/crafts, education, exercise classes with equipment, and outreach. Eligibility: anyone age 60 or older or spouse of a program participant. Fees: none.

Social Security Administration

1800 Corporate Dr.

(877) 512-3857

Opelika, AL 36801

Website: www.socialsecurity.gov

Hours: 9:00 a.m.-4:00 p.m., M, T, Th, F

Offers applications for social security numbers, retirement and disability benefits, black lung benefits, blind and disabled benefits, Supplemental Security Income (SSI), Medicare, and limited Food Stamp applications.

Eligibility: over 65 for SSI, dependent survivor, blind, disabled (not working). Call or come by. Brochures available. Event speakers arranged.

Southeast Alabama Sickle Cell Clinic

P. O. Box 1079

4201 W. MLK Hwy.

(800) 854-1367

Tuskegee Institute, AL 36087

Tuskegee, AL 36008

Executive Director: Dr. Shelby Sanders

Established to provide services related to sickle cell anemia in Southeast Alabama. Offers client advocacy and referrals, job retention/employment counseling, regional clinic, transition services, support network, community screenings and genetic counseling, mentor program, financial assistance, transportation assistance, summer camp, tutorial services, athlete screening/counseling, public education and health fairs, case management, newborn screening.

Southern Union State Community College

Wadley Campus

(256) 395-2211

750 Roberts St.

Wadley, AL 36276

Opelika Campus

(334) 745-6437

1701 Lafayette Pkwy. Opelika, AL 36801

Valley Campus

(334) 756-4151

321 Fob James Dr.

Valley, AL 36854

In addition to offering various classes leading to an AA, Southern Union works in cooperation with various school systems and other local agencies to offer Adult Education classes at no charge. AE classes provide instruction in basic literacy, all primary and secondary academic skills, preparation for the GED test, and English as a Second Language.

The Bridge Church

1000 Lee Road 263

(334) 742-0144

Cusseta, AL 36852

Contact: Marsha Costine

Hours: 9:45 a.m.-11:30 a.m., T

Food Pantry offered on Tuesdays for eligible low-income individuals and families. You do not need an appointment.

You must sign up between 9:45 a.m. and 10:00 a.m. Food distributed 11:00 a.m.-11:30 a.m. Call for eligibility information.

Timothy Manor

2016 Waverly Pkwy., #300

(334) 749-4400

Opelika, AL 36801

Contact: Cindy Nash, Manager Hours: 8:00 a.m.-4:00 p.m., M - F

Services offered include subsidized housing for low-income elderly (one bedroom apartments).

Eligibility: Applicants must be at least 62 and meet income requirements. Fees: Based on eligibility.

TOPS (Take Off Pounds Sensibly)

Covington Recreation Center 213 Carver Ave., Room B Opelika, AL 36801 (334) 705-5550

Meets 5:30 p.m.-7:00 p.m. every Monday. Private weigh-ins 5:30 p.m.-6:00 p.m. followed by meeting 6:00 p.m-7:00 p.m. Call for more information.

Tuskegee Quality Health Care

1201-B Notasulga Rd.

(334) 727-7211

Tuskegee, AL 36083

Hours: 8:00 a.m.-5:00 p.m., M, T, Th, F

8:00 a.m.-9:00 p.m., W

Provides medical services, health education/behavioral services, dental services, and pharmacy services. Medicare, Medicaid, and most private insurances accepted.

Sliding fee scale discounts based on income and family size available to uninsured patients upon eligibility approval.

United Way of Lee County

2133 Executive Park Dr.

P.O. Box 3075

(334) 745-5540

Opelika, AL 36801

Auburn, AL 36831

Hours: 8:00 a.m.-4:00 p.m., M-F

Director: Rebecca Benton

Hours: 8:00 a.m.-4:00 p.m., M-F

William Mason Emergency Fund

(334) 745-5540, ext. 13

Message Line

The William Mason Emergency Fund is an emergency fund only for individuals or families who have suffered a recent financial hardship. Services: Prescription medication assistance for individuals without prescription insurance. Propane assistance from October 1-February 28. Eligibility: Proof of financial hardship and Lee County residency. Application procedure: by appointment only. Client will be notified of required documentation needed to receive assistance

2-1-1 Community Connections

at time appointment is scheduled.

211 or (888) 421-1266

2-1-1 is a free, easy-to-remember telephone number that provides access to health and human services resources to individuals from all walks of life but, more important, to vulnerable populations. 2-1-1 links callers to basic human needs services, physical and mental health services, employment support, support for seniors and people with disabilities, support for children and their families, support in times of disaster, and volunteer opportunities. Phone calls are directed to confidential call centers throughout Alabama. Area served: all counties in Alabama. Services offered: information and referral.

Opelika Share Program

(334) 745-5540, ext. 16

City of Opelika Energy Assistance Program assists qualified elderly and disabled individuals facing financial challenges with a payment on an Opelika power bill. Program is offered during heating season, December 1-March 31, and cooling season, June 1-September 30. Eligibility: To qualify for assistance, recipients must meet both financial and situational eligibility criteria, and be 55 years of age or older and/or on total (100%) disability.

Unity Wellness Center

122 N. 20th St. Building #26 Opelika, AL 36801 Hours: 8:00 a.m.-4:30 p.m., M-F (334) 749-3593

Fax: (334) 749-3594

Lab Fax: (334) 749-0393

Clinic Hours: 8:00 a.m.-4:30 p.m., T, W, Th

Provides HIV testing (free), counseling, prevention education, case management, pharmacist, primary medical care, links/referrals to community resources, health insurance counseling, etc. Walk-ins accommodated per staff availability, but appointment strongly recommended. Call 800-799-4967 or 334-887-5244 for an appointment.

Valley Interfaith Promise, Inc.

P.O. Box 1141 (706) 494-6348

Columbus, GA 31901

Email: valleyinterfaithpromise@gmail.com

Valley Interfaith Promise (VIP) is the Columbus affiliate of Family Promise. VIP provides shelter, meals, and support services to homeless families with children in the Chattahoochee Valley area. VIP works hand-in-hand with local congregations and service agencies. Its goal is to assist families from homelessness to stability (i.e., full-time employment and permanent housing). Contact VIP to begin the application process.

Veterans Administration Medical Center

2400 Hospital Rd. (800) 214-8387 Tuskegee, AL 36083 (334) 727-0550

Wide range of services available: acute care, specialties and diagnostics; extended care and rehabilitation; former prisoners of war advocacy; home-based primary care; mental health; PTSD resources; pastoral care education; primary care; social work; etc. Eligibility: Veterans who served in active military, naval or air service and are separated under any condition other than dishonorable. Call 334-727-0550, ext. 5235, for eligibility and application information.

Veterans Affairs

215 South 9th St. 1000 Broad St.

Opelika, AL 36803 Phenix City, AL 36867

(334) 737-3626 (334) 298-7767

Contact: Charles Eastman, VSO Contact: David Sharpe, VSO

Hours: 7:30 a.m.-4:30 p.m. (CT), M-F Hours: 8:00 a.m.-5:00 p.m. (ET), M-F

Website: www.va.gov

Services offered include filing for compensation and pensions for veterans, widows, and children; hospital outpatient treatment; insurance; headstone and burial allowance; education/on-the-job training; disability letters; orthopedic appliances; free notary service for vets and beneficiaries; and geriatrics. Eligibility: veterans. Fees: none.

Women's Center (The)

2300 Center Hill Dr., Building 1 Opelika, AL 36801

(334) 742-2130

Call for an appointment. Provides specialized substance abuse and intensive outpatient treatment for women who have dependent children or are pregnant. The Women's Center provides a variety of services, including child care, case management, housing, and employment assistance. For 24/7 services, call (800) 815-0630 or (334) 742-2877. The Women's Center is part of East Alabama Mental Health Center.

Women's Hope Medical Clinic

Main Campus: 832 Stage Rd. Auburn, AL 36830 (334) 502-7000

Text: (334) 715-0763

Email: admin@womenshope.org Website: www.womenshope.org Hours: 9:00 a.m.-5:00 p.m., M-F Satellite Location: Tuskegee Medical & Surgical Center 301 Wright St. Tuskegee, AL 36088

Women's Hope Medical Clinic's primary objective is to provide accurate educational information about pregnancy, fetal development, lifestyle issues and related concerns. Services offered include free, confidential pregnancy testing; free, confidential STD/STI testing and referral for men and women; limited ultrasound; early prenatal care; and education on all pregnancy options. Walk-ins welcome for pregnancy testing during business hours. An appointment must be made for STD/STI testing.

Important Dates & Numbers

Special Dates: Head Start sign-up period: March 1-May 31

Voter Registration: (Note: No registration 10 days prior to elections.)

Civil Defense Office: 1st and 3rd Monday of the month; 9:00 a.m.-4:00 p.m.

Probate Judge's Office: 8:30 a.m.-4:30 p.m., M-F

Phone Numbers

T. K. Davis Justice Center	(334) 749-7141	Probate Judge	(334) 745-9761
Auburn Water Works Board	(334) 501-3050	Alabama Power	(800) 245-2244
Opelika Utilities Office	(334) 705-5170	Alagasco	(800) 292-4008

Important Numbers <u>Fire</u> **Police**

(NOTE: FOR ALL FIRE AND POLICE EMERGENCIES, CALL 911)

Auburn	(334) 501-3110	(334) 501-3100
Opelika	(334) 705-5300	(334) 705-5200
Phenix City	(334) 448-2817	(334) 298-0611
Lee County		(334) 749-5651
Russell County		(334) 298-6535
Macon County		(334) 724-0669
Chambers County		(334) 864-4333
Other Important Numbers	Lee County	Russell County
Alabama Council/Head Start	(334) 821-8336	(334) 821-8336/667-0001
Child Abuse	(334) 737-1111	(334) 298-7882
Child Find	(800) 543-3098	(800) 543-3098
Battered Women's Shelter	(334) 749-1515	(334) 297-4401
Department of Human Resources	(334) 737-1100	(334) 298-7882
East Alabama Mental Health Center	(334) 742-2700	(334) 298-2505
County Health Department	(334) 745-5765	(334) 297-0251
Poison Information Center	(800) 222-1222	(800) 292-6678

Your Doctor: Name Office# Home#

Hotline Numbers

2-1-1 Community Connections	211 or (888) 421-1266
Alabama Elder Care	(800) 356-9596
Alabama HIV/AIDS	(800) 228-0469
Alcoholics Anonymous	(334) 745-8405
Child & Adult Protective Services	(334) 737-1100
Domestic Violence Intervention Center	(334) 749-1515
Domestic Abuse Helpline (for Women and Men)	(888) 743-5754
Elder Abuse Hotline	(800) 458-7214
Homeless Resource Network Or Emergency Helpline	(800) 341-9371 (706) 327-3999
Partnership for Prescription Assistance	(888) 477-2669
Pregnancy Helpline	(800) 542-4453
Parenting Assistance Line	(866) 962-3030
Rape Counselors of East Alabama	(334) 741-0707
East Alabama MH-MR Substance Abuse Services	(800) 815-0630
Suicide Prevention	(800) 784-2433